

Name _____

Date _____

(Key # 1 - 934606)

Introduction to First Aid

Please read through the following questions and choose the correct answer. Each answer is equivalent to one point. The total points for the paper is 40. Students receiving 36 or more points for the quizz will receive an "Honors" acknowledgement on their certificate.

Multiple Choice

- _____ 1. What does CPR stand for?
- a. Cardio Resuscitation
 - b. Cardio Pulmonary Resuscitation
 - c. Cardio Respiratory Resuscitation
- _____ 2. For the Primary assessment we use the following algorithm.
- a. HHABC
 - b. HABHCH
 - c. HHHABC
 - d. HHHBCA
- _____ 3. For assessing level of conciousness, we use the algorythm AVPU. How would you use the V to check for level of conciousness?
- a. Pinch their fingertip
 - b. Ask them their name
 - c. Tell them your name
 - d. Check to see if the pupils are responding to light
- _____ 4. To open the airway we use what method to reposition the head?
- a. Pistol grip
 - b. Head tilt chin lift
 - c. Head tilt
 - d. Jaw Thrust
- _____ 5. Choose all the correct answers for this question. When giving First Aid, what do you do first?
- a. Call the school nurse
 - b. Use the Primary Assessment only
 - c. Wear gloves
 - d. Introduce yourself and ask if you can help

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- _____ 6. Mark all the appropriate answers. When checking the vital signs, we look for the following regarding the skin:
- a. Texture
 - b. Color
 - c. Condition
 - d. Temperature
- _____ 7. What algorithm do we use for the Secondary assessment?
- a. Q1 Q2HHHABC
 - b. DEFG
 - c. Q1Q2HHHHEFDG
 - d. EFDG

True/False

- _____ 8. A young boy is found next to the pool and a bystander told you he has not been breathing for 2 minutes. You do not do CPR as it will make no difference.
- a. True
 - b. False
- _____ 9. After the person is breathing on their own we start CPR.
- a. False
 - b. True
- _____ 10. We give 3 breaths to the person initially if we find them not breathing.
- a. True
 - b. False
- _____ 11. After CPR has been effective and the person is breathing on their own, we leave to get help
- a. True
 - b. False
- _____ 12. When turning a person into the recovery position, it is easier to use their clothing for support.
- a. True
 - b. False

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- _____ 13. We check the vital signs once the person has recovered.
a. False
b. True
- _____ 14. When giving CPR to a child we use 5 compressions and one rescue breath.
a. False
b. True
- _____ 15. When giving CPR to an adult the combination is 15 compressions to 2 breaths.
a. True
b. False
- _____ 16. You give 2 initial breaths to the person if they are not breathing. This is the same for children and adults.
a. False
b. True
- _____ 17. Dressings are used to:
a. Stop bleeding with pressure
b. Used to continually wipe away the blood from the wound

Ordering

- _____ 18. Place the following in order of importance. When opening the airway we follow this procedure:
- _____ a. Open the airway with a head tilt chin lift
- _____ b. Check to see if the mouth is clear
- _____ c. Look listen and feel for breathing
- _____ d. Give 2 breaths if the person is not breathing