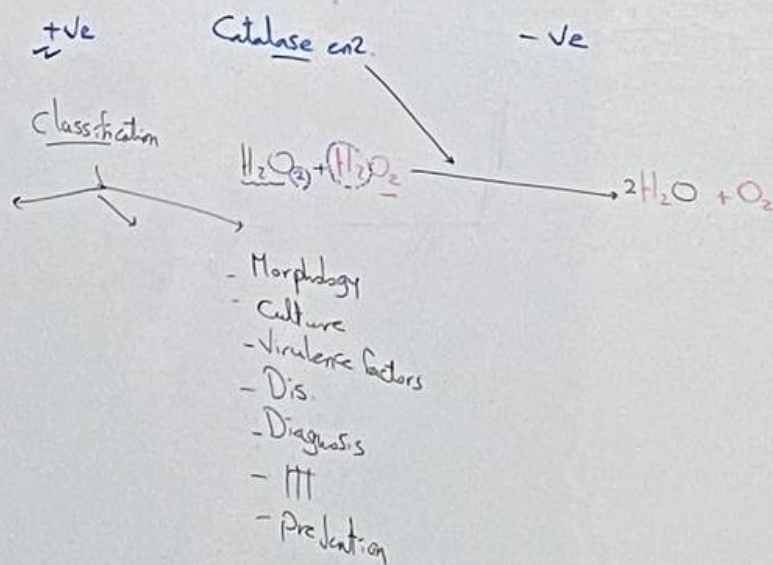
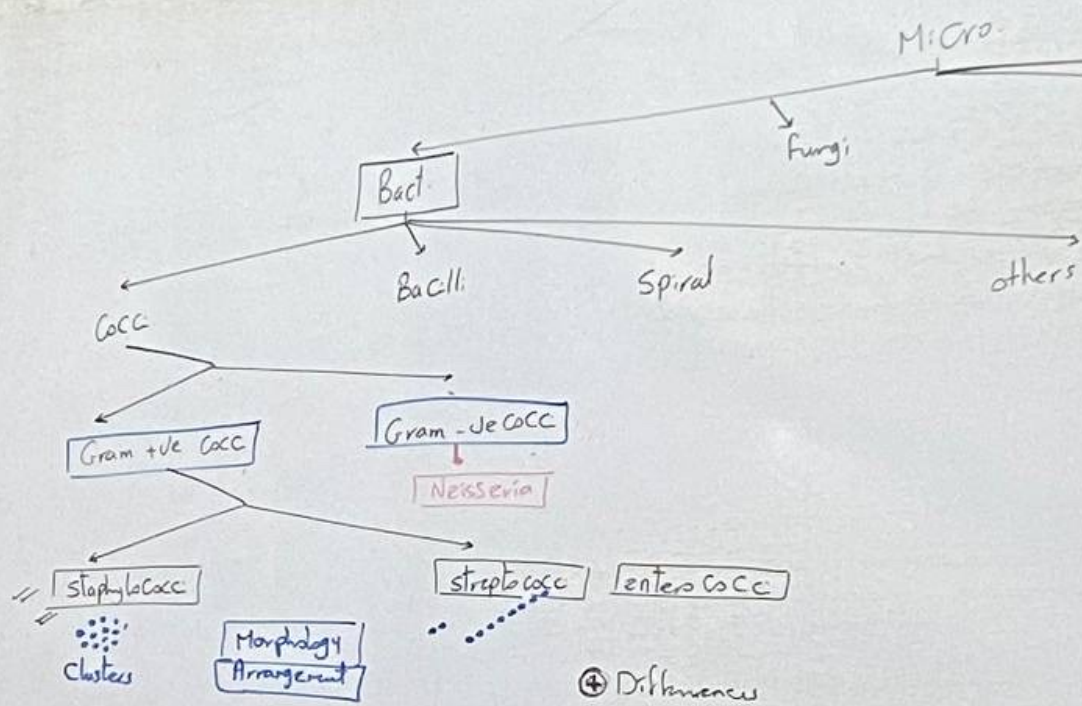
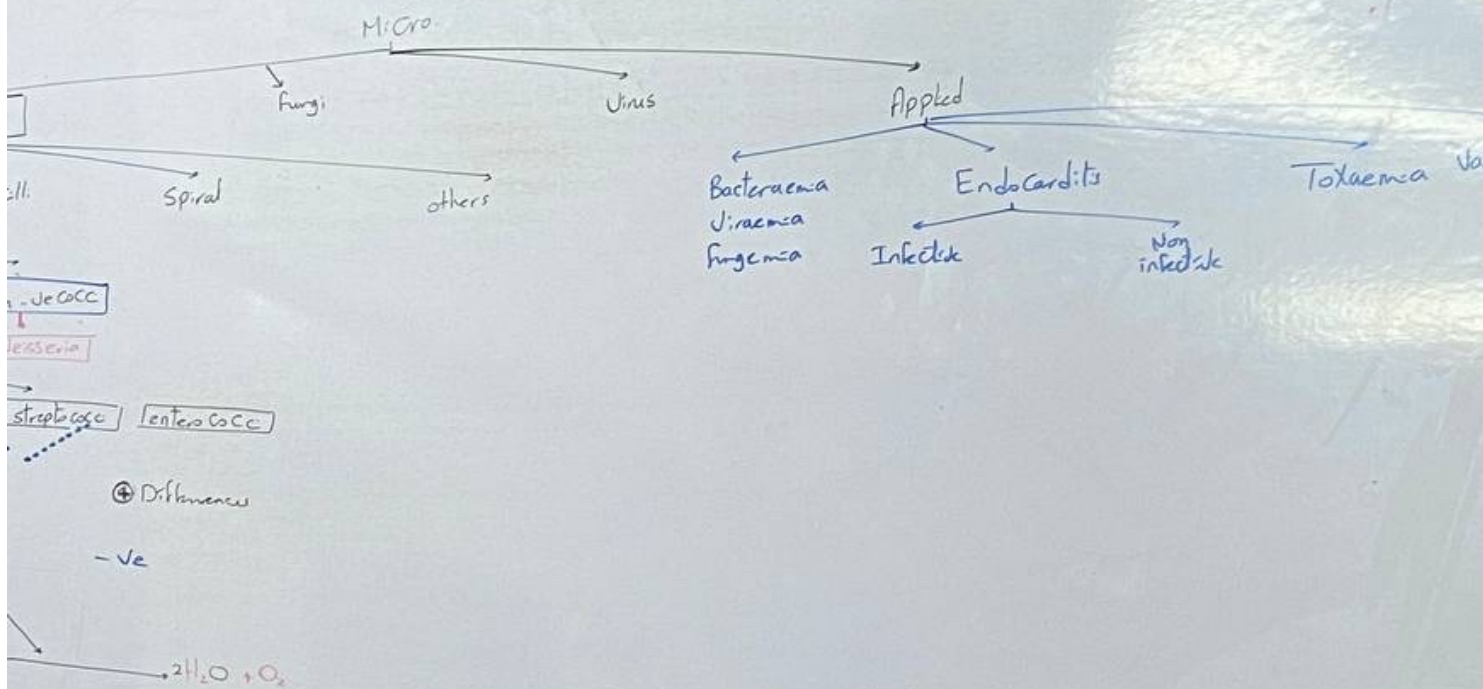
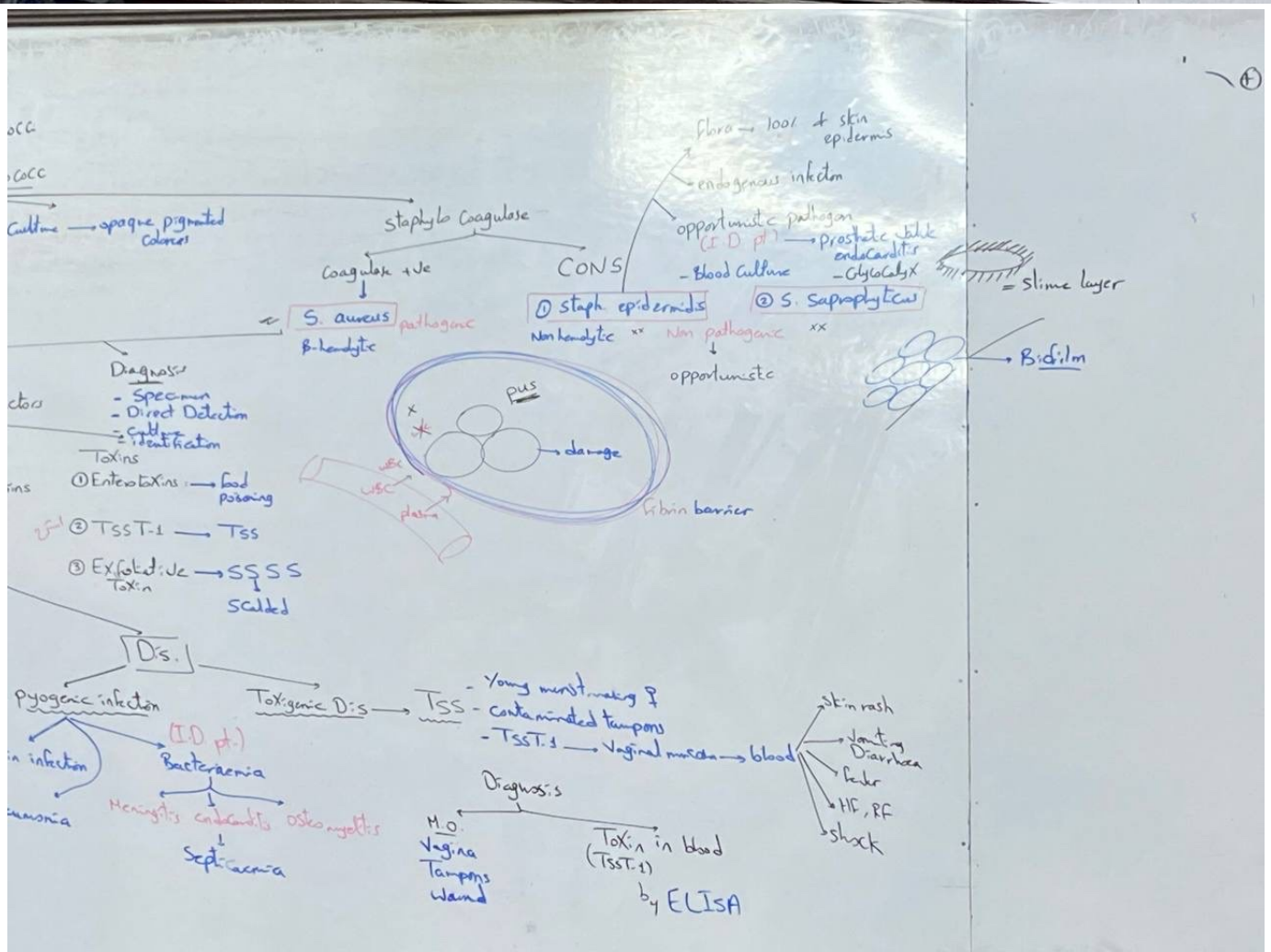
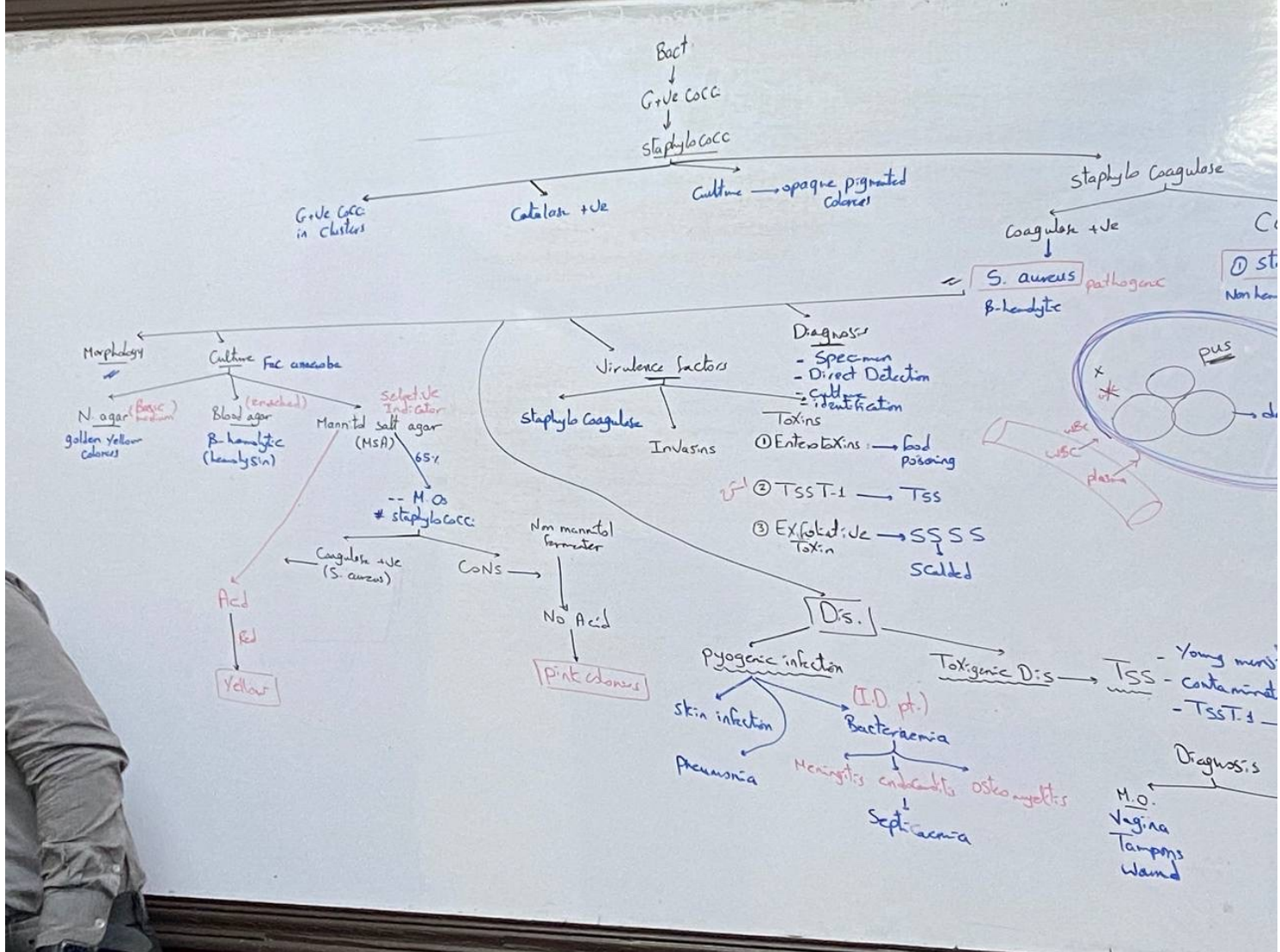
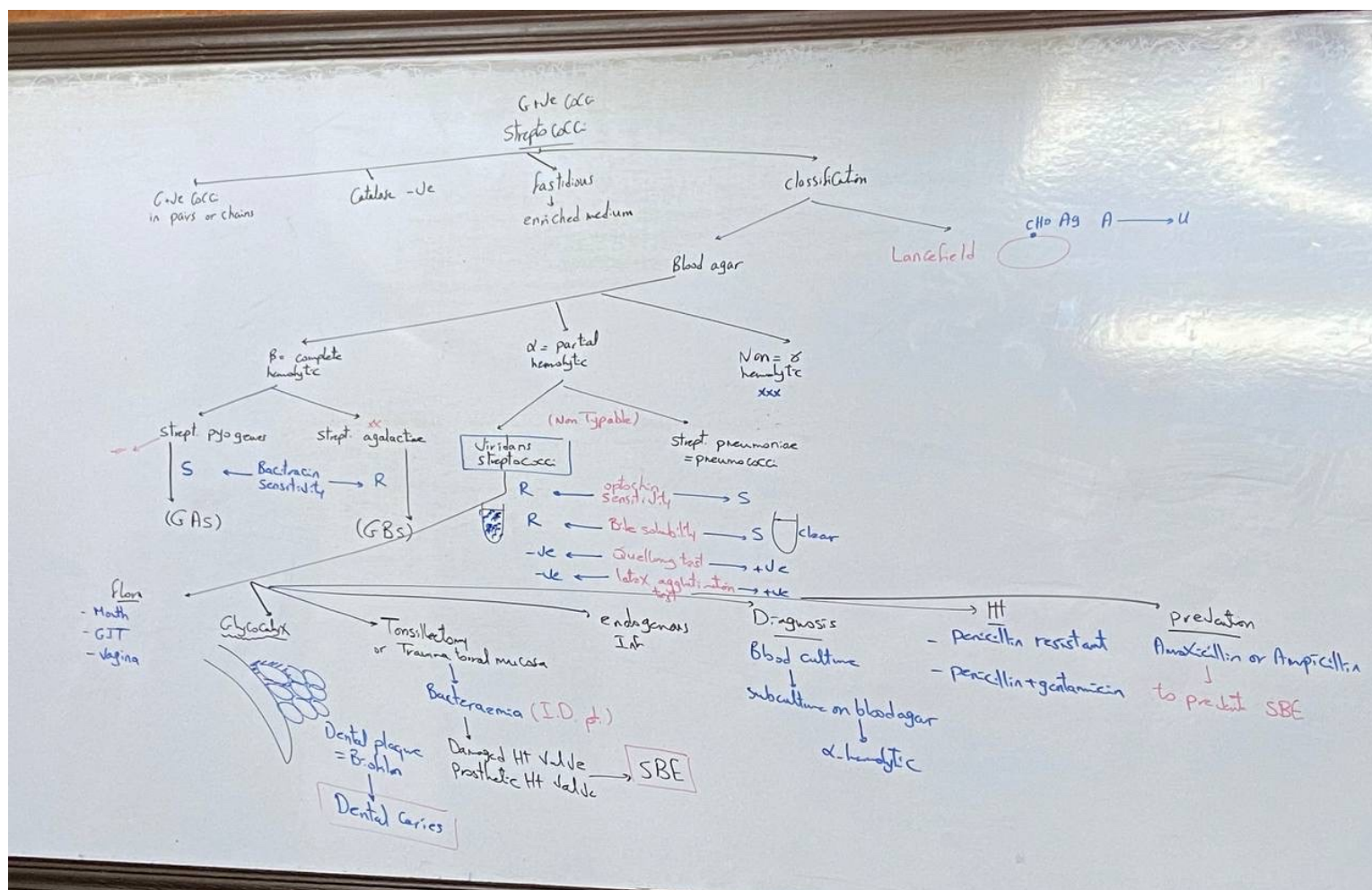
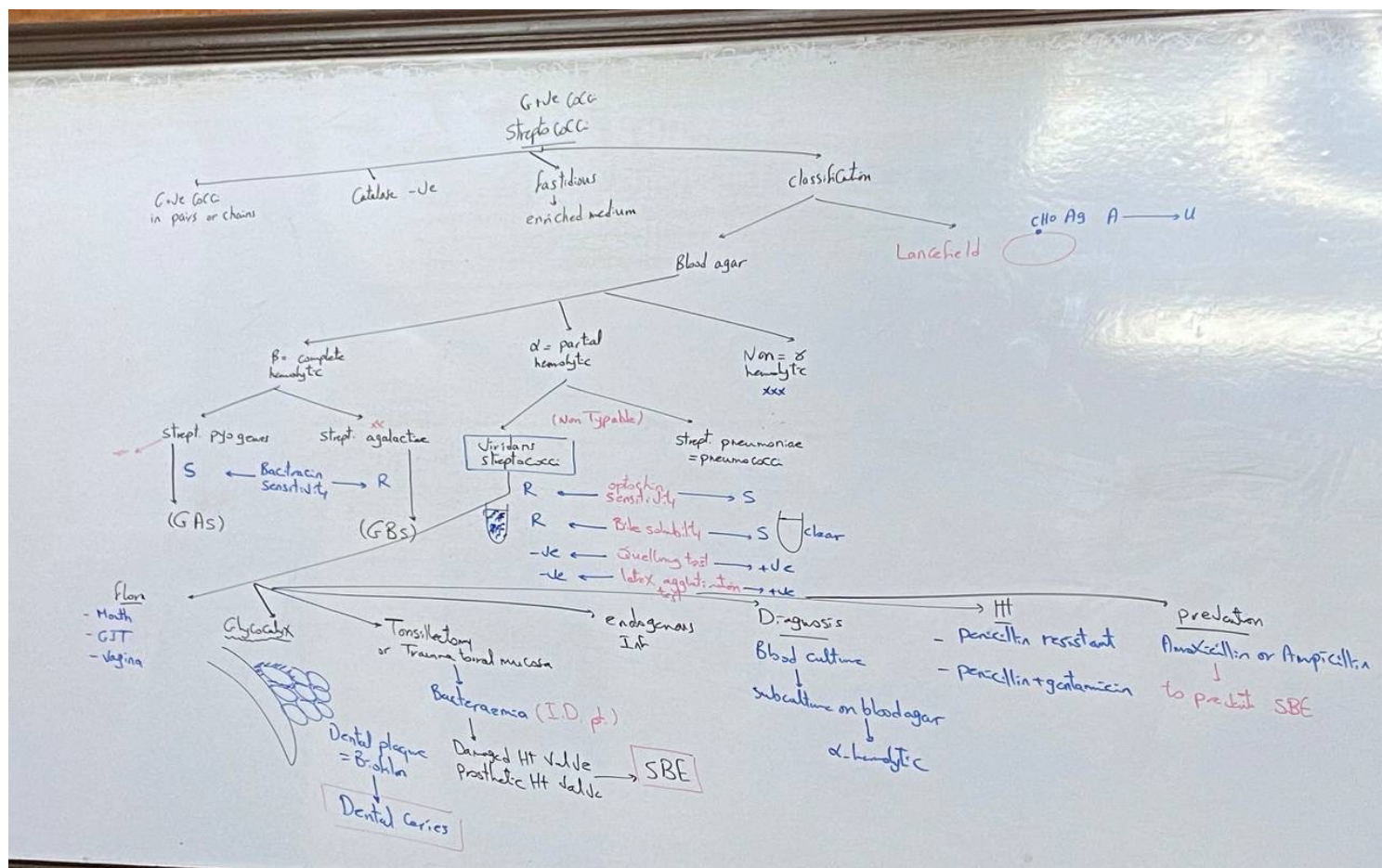






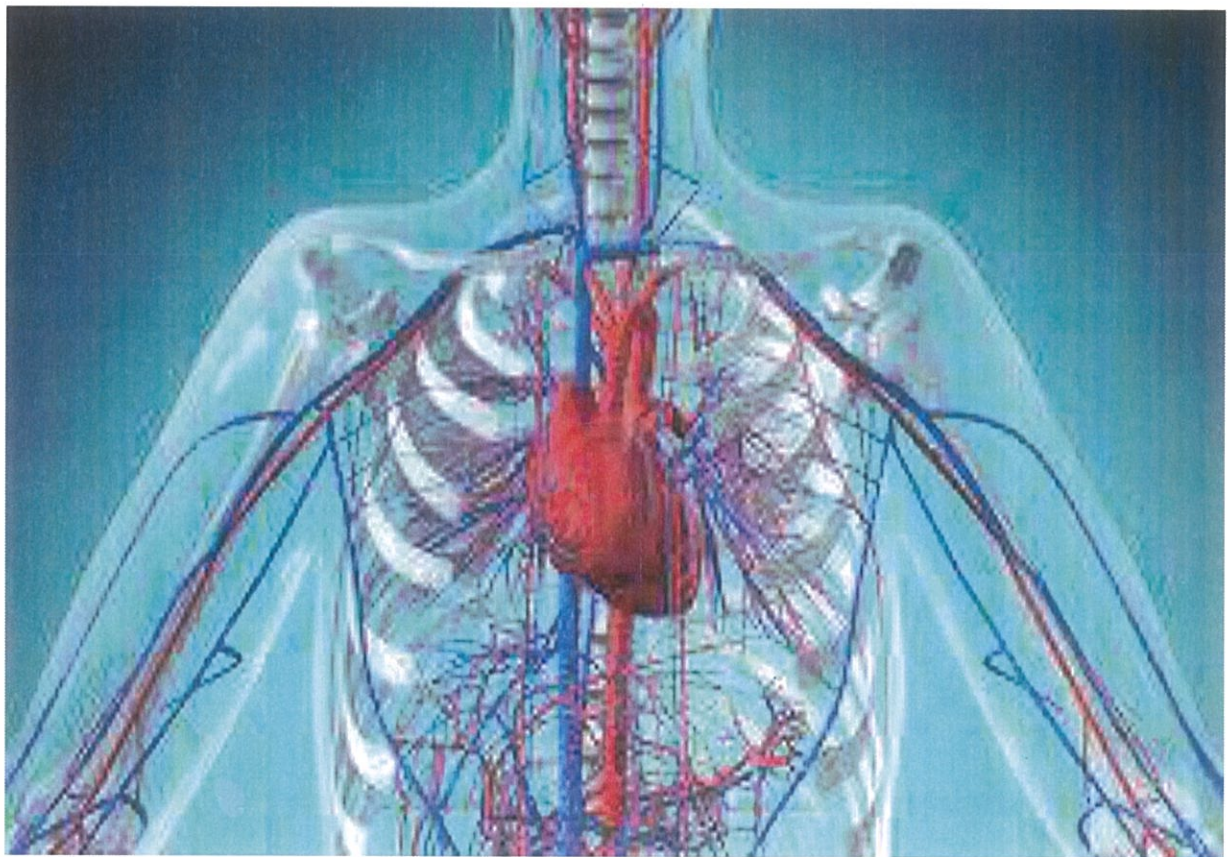




Faculty of Medicine
Cairo University
(Second Year)

2022

Medical MicroBiology



Cardiovascular (CVS) - (207) module

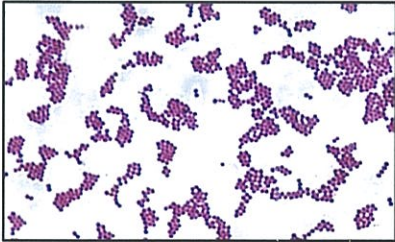


Staphylococcus

CVS
(Module 207)

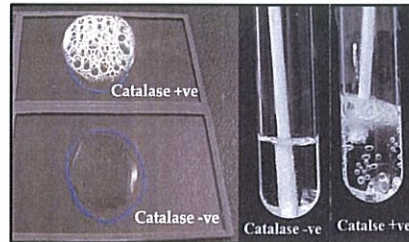
Characters of the genus Staphylococcus:

Gram-positive cocci
arranged in grape-like clusters



Catalase positive

Opaque, pigmented colonies
are usually produced on agar



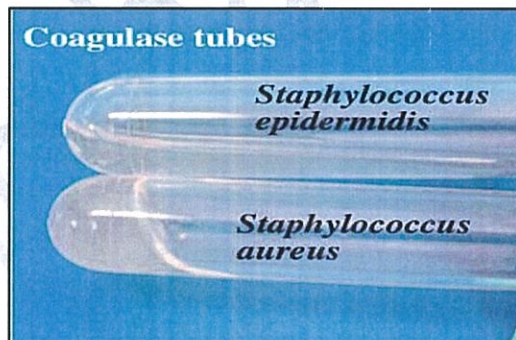
The ability to produce **staphylo-coagulase** divides the genus into two groups

Coagulase-positive staphylococcus
(*S. aureus*)

- Has the greatest pathogenic potential
- The most medically important species

Coagulase-negative staphylococcus
(*S. epidermidis* & *S. saprophyticus*)

→ less pathogenic



Staphylo-coagulase

Extracellular protein → convert plasma **fibrinogen to fibrin** → **fibrin barrier** is formed → this leads to:

- ① **Protection** from phagocytic and immune defences
- ② **Localization** of infection

Coagulase Positive Staphylococci

Staphylococcus aureus

Morphology: like other staphylococcus, are **Gram-positive cocci** (1µm in diameter) arranged in irregular grape-like clusters.

Cultural characters:

S. aureus is
facultative anaerobe

Usually produces
golden yellow endopigment

Usually grown on

① **Nutrient agar**
→ producing
golden yellow
endopigment

② **Blood agar**
→ producing
complete (β-) hemolysis
due to production of
hemolysins

③ **Mannitol salt agar**
(selective indicator medium)
▪ This medium facilitates isolation of *S. aureus*
(salt tolerant 6.5%) from
specimens contaminated by other bacteria
▪ Producing **yellow colonies**
due to **mannitol fermentation**.



Staphylococcus aureus diseases:

A) Pyogenic diseases

① Localized skin infections

② Staphylococcal pneumonia

③ Invasive conditions
▪ More serious & usually occur in immuno-compromised individuals.
▪ Invasion of bloodstream (**bacteraemia**)
→ spread to many body sites
→ **endocarditis**, meningitis & osteomyelitis.
▪ Resulting **septicaemia** may be rapidly fatal

B) Toxin-mediated diseases

① <u>Staphylococcal food poisoning</u>	
② <u>Toxic Shock syndrome (TSS)</u>	▪ Due to infection or colonization by TSST-1 producing <i>S. aureus</i> ▪ It was first described in young menstruating females who use vaginal tampons that are left in place for extended period → however, it can also occur in any individual suffering from TSST-1 producing <i>S. aureus</i> infections anywhere in body ▪ The disease is characterized by: ① Sudden onset of high fever, diarrhoea, vomiting & red rash ② Hypotension with cardiac & renal failure due to superantigen action of TSST-1 ▪ Mortality rate may reach 10-15% ▪ The diagnosis usually depends on: ① Clinical findings ② Isolation of organism: From suspected sites (e.g. wounds, vagina or from tampons) By culture on mannitol salt sugar ③ Detection of TSST-1 in blood by ELISA
③ <u>Staphylococcal scalded skin syndrome (SSSS)</u>	

Coagulase Negative Staphylococci

Staphylococcus epidermidis

Morphology & Cultural Characteristics:

S. epidermidis is similar to *S. aureus* except in the following:

- ① It gives white non-haemolytic colonies on blood agar
- ② It is mannitol non-fermenter

Pathogenesis:

- *S. epidermidis* is **part of the normal skin flora**, and it is often attached to **upper layer of skin (epidermis)** or **mucosa** (carriage rate ~100%)
- Almost all infections are **endogenous**, but **person-to-person transmission by contact** may occur
- *S. epidermidis* is **opportunistic pathogen** associated with **device-related infections** → e.g. Prosthetic valve endocarditis

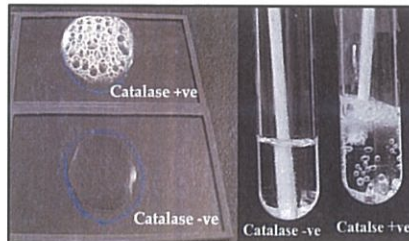
Streptococcus

Characters of the genus Streptococcus:

Gram-positive ovoid cocci arranged in **chains** or **pairs**



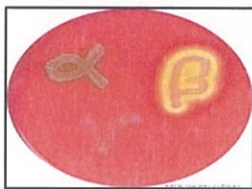
Catalase negative → key test for discriminating streptococci from catalase-positive staphylococci



Growth requires **enriched media** containing **blood** or **serum**

Streptococcus is divided on the basis of:

① Haemolysis on blood agar



② Group-specific carbohydrate antigen (Lancefield classification)

According to which streptococci are classified into groups **A to U**
→ **Antibodies** against these group antigens are used for identification of streptococcal species

① **Complete (beta) haemolysis**

Streptococcus pyogenes
(Groups **A** Streptococci)

Streptococcus agalactiae
(Groups **B** Streptococci)

② **Partial (alpha) haemolysis**

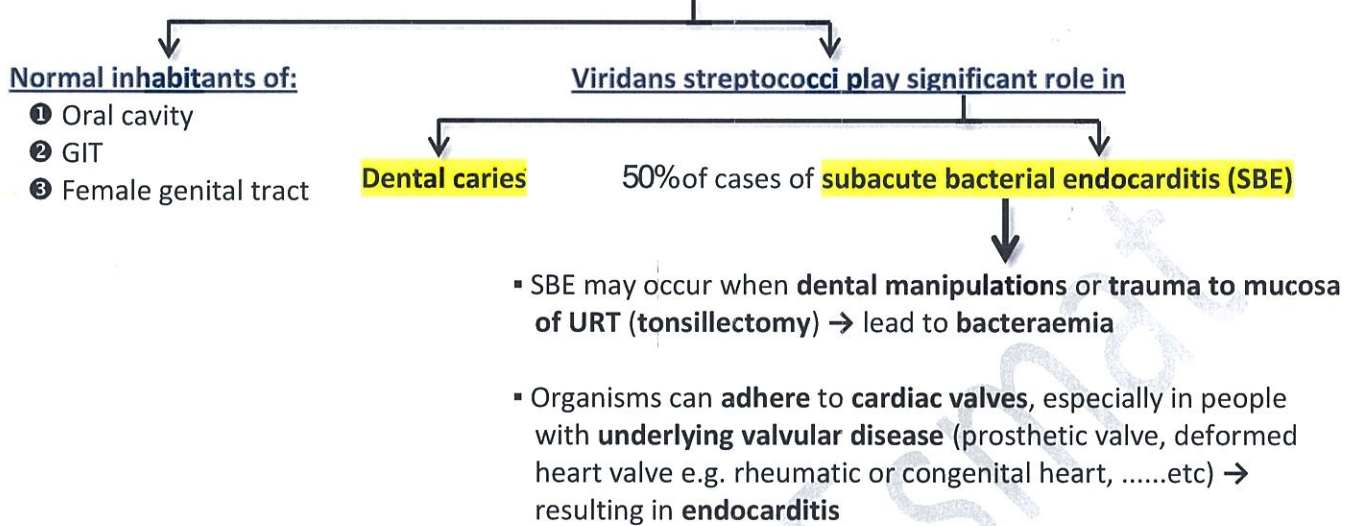
Viridans Streptococci

Streptococcus pneumoniae
(Pneumococci)

③ **No (gamma) haemolysis**

Alpha-Haemolytic Streptococci

Viridans Streptococci



Laboratory diagnosis of SBE:

Carried out by **blood culture technique** → with **subculture on blood agar**
 → The isolated organism should be **discriminated from *S. pneumoniae***

Test	<i>S. pneumoniae</i>	<i>Viridans strept.</i>
Growth inhibition by optochin	+	-
Solubility of colonies in bile	+	-
Capsular Ag detection (latex agglutination)	+	-
Quellung test	+	-

Treatment:

- *Viridans streptococci* are relatively **resistant to penicillin**
- Use of **synergistic combination** of **penicillin & gentamicin** in **life-threatening infections** (as endocarditis) is **essential**

Prevention:

Single large dose of **ampicillin** or **amoxicillin**

- Should be given to **patients with abnormal heart valves** prior to **dental procedures** or **oral surgery**
- To **prevent endocarditis**

Beta-Haemolytic Streptococci

Streptococcus pyogenes (Group A Streptococcus)

Morphology: Gram positive cocci in chains

Cultural characters:

Produce **beta-haemolysis** on blood agar

S. pyogenes growth is **inhibited by bacitracin**

Streptococcus pyogenes infections:

I- Localized infections

① Pharyngitis
(sore throat, tonsillitis)

② Scarlet fever

③ Skin & soft tissue infections

II- Invasive infections

① Puerperal fever

② Acute endocarditis
Fatal condition can occur in individuals with **normal** or **damaged heart valves**

③ Necrotizing fasciitis

④ Toxic shock syndrome

▪ Due to infection or colonization by strains of *S. pyogenes* that produce pyrogenic exotoxins (SPE-A, B & C) → these toxins act as **superantigens** causing toxic shock syndrome, septicaemia & necrotizing fasciitis

▪ Begins with skin wounds or minor traumas & rapidly deteriorates → necrotizing soft tissue infections

▪ Complications

- ① Shock
- ② Renal failure
- ③ Acute respiratory distress syndrome

▪ The diagnosis usually depends on:

- ① Clinical findings
- ② Isolation of organism from infected wound

Post-Streptococcal Sequelae

- **Non-suppurative** inflammatory conditions → result of **immunologic response** to streptococcal antigens.
- Occur **weeks following** local infection with streptococcus
- Affect **organ** that was **not infected by streptococcus**
- Some streptococcal M serotypes are: Rheumatogenic → cause acute rheumatic fever (ARF)

Post-Streptococcal Sequelae

	Acute rheumatic fever (ARF)
Age	Affect any age (but mostly 4-30 years)
Onset	Develops 2-3 weeks following streptococcal pharyngitis (but not skin infection)
Pathogenesis	Occurs due to formation of antibodies to streptococcal M protein → cross react with antigens (epitopes) of joints, heart & brain tissue (autoimmune reaction)
Characterized by	① Fever ② Migrating poly-arthritis ③ Carditis ④ Chorea
Recurrence of Strept. infection (Reinfection)	▪ Immunological process is exacerbated by recurrence of streptococcal pharyngitis → valvular damage ▪ Therefore, long-term antibiotic prophylaxis using penicillin is recommended following single attack
Diagnosis	▪ No single test is diagnostic. ▪ Diagnosis is usually based on modified Jones criteria ▪ Diagnosis requires evidence of recent <i>S. pyogenes</i> infection together with 2 major criteria, or 1 major & 2 minor criteria Evidence of recent streptococcal infection Any of the following ① History of acute tonsillitis (or scarlet fever) ② +ve throat swab culture for <i>S. pyogenes</i> ③ Elevation of anti-streptolysin O (ASO) titre above 200 units (titre up to 200 units is considered normal) Major criteria ① Migratory poly-arthritis ② Carditis ③ Chorea ④ Subcutaneous nodules ⑤ Erythema annulare  Minor criteria ① ↑↑ ESR, +ve CRP or ↑↑ WBC count ② Fever ③ Prior history of RF
Prevention	Rheumatic Fever is preventable if patient is treated within the 1st 10 days following onset of acute pharyngitis

	ARF
Pathogenesis	Anti-M protein antibodies cross-react with epitopes on heart
Age	Mostly between 4-30 years
<i>S. pyogenes</i> strains	Rheumatogenic
Precipitating Inf.	Pharyngitis (but not skin infection)
Recurrence	Common
Chemoprophylaxis	Essential
Sequelae	Heart disease
Early ttt of precipitating Inf.	Prevents the condition
Serological test	ASO

Treatment & prevention:

- **Penicillin** → still uniformly **effective** in treatment of *S. pyogenes* infections.
- **Long acting penicillin**
Used as **chemoprophylactic agent** against recurrent *S. pyogenes* infections → to prevent repeated rheumatic attacks.
- **Erythromycin** is used as alternative for **penicillin-allergic patients**

Enterococcus

Characters of the genus Enterococcus:

- **Enterococci are similar to streptococci in the following:**

- 1- They are **Gram positive cocci** that occur in pairs or in short chains.
- 2- They are **facultative anaerobes**
- 3- They are **catalase negative**
- 4- Most strains react with the **streptococcal Lancefield group D anti-serum**

- **Enterococci differ from streptococci in being able to:**

- 1- Grow at **45°C**
- 2- Grow in broth containing **6.5% NaCl (salt tolerant)**
- 3- **Tolerate bile salts** → this allows survival of *enterococci* in **bowel & gall bladder**
- 4- **Hydrolyze the polysaccharide esculin** → producing **black colonies on esculin-containing media**

- The common species → *Enterococcus faecalis* & *Enterococcus faecium*

Infections caused by enterococci:

① Bacteraemia

② Endocarditis

Enterococcus faecalis is most commonly isolated from **healthcare-associated infections** rather than community-acquired infections

GRAM -VE BACILLI

Salmonella choleraesuis

Septicaemia

- The condition is commonly caused by *S. choleraesuis*
- It usually occurs in **immunocompromised individuals**
- After **ingestion of salmonellae**, the **organisms invade intestinal mucosa & invade bloodstream early without intestinal lesions** → **bacteraemia** results in **metastatic infections** as **osteomyelitis, arthritis, pneumonia & meningitis**
- **Blood culture** is usually **positive** particularly **during the high fever**

Bloodstream infections

- Occur when infectious pathogen reaches bloodstream by:
 - Direct invasion into blood vessels
 - Via lymphatic vessels draining focus of infection (e.g. abscess)
 - Through vascular devices as needles or catheters
- Bacteremia or fungemia:** denotes presence of viable bacteria or fungi in bloodstream, with or without clinical symptoms & detected by blood cultures
- Toxemia:** term used when bacteria remain fixed at site of infection but release toxins into blood
- Viremia:** refers to presence of virus or viral component in bloodstream & detected by culture or molecular methods

Common causes of bacteremia:

1) Gram positive organisms	2) Gram negative organisms
<i>Staphylococcus aureus</i> - Coagulase-negative staphylococci (CoNS) <i>Streptococcus pyogenes</i> <i>Streptococcus pneumoniae</i> <i>Viridans streptococci</i> - Enterococci spp.	- Enterobacteriaceae (<i>E. coli</i>, <i>Klebsiella</i> spp.....etc) <i>Pseudomonas aeruginosa</i> <i>Acinetobacter</i> spp. <i>Salmonella choleraesuis</i> (septicemia) <i>Neisseria</i> spp.

Endocarditis

(Microbial infection of endothelial lining of heart, usually including heart valves)

Types: Endocarditis can be classified into:

I) Infective endocarditis	II) Non-infective endocarditis
(May occur in subacute form or as acute, rapidly progressive disease)	
a) Subacute infective (bacterial) endocarditis Slowly progressive form of disease occurs in patients with damaged heart valves & usually caused by relatively avirulent organisms as <i>viridans streptococci</i> (50% of subacute bacterial endocarditis)	Include rheumatic endocarditis (post-streptococcal sequelae)
b) Acute infective endocarditis - Fulminating infection, characterized by high fever, leukocytosis & rapid destruction of heart valves → 2ry to a bacteremia from remote site & is usually caused by virulent organisms - The commonest organisms include: <i>Staphylococcus aureus</i> - Coagulase-negative staphylococci <i>Streptococcus pyogenes</i> - Enterococci spp. - Laboratory diagnosis of acute endocarditis: By blood culture technique with subculture on blood agar	

Toxemia

(Term used when bacteria remain fixed at a site of infection but release toxins into blood)

Common causes of toxemia:

- ① *Staphylococcus aureus* → causes staphylococcal toxic shock syndrome (STSS)
- ② *Streptococcus pyogenes* → causes streptococcal toxic shock syndrome
- ③ *Corynebacterium diphtheriae* (toxic myocarditis)
- ④ *Bacillus anthracis* (anthrax)
- ⑤ *Clostridium perfringens* (gas gangrene)
- ⑥ *Clostridia tetani* (tetanus)
- ⑦ *Clostridia botulinum* (botulism)

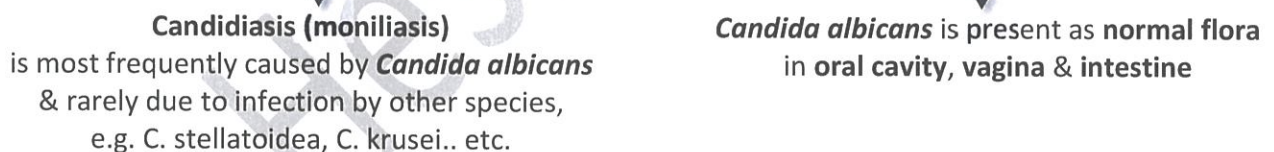
Fungemia

(Presence of viable fungi in bloodstream, with or without clinical symptoms and detected by blood cultures)

Common causes of fungemia:

- ① *Candida* spp.
- ② *Aspergillus* spp.

Candidiasis



Predisposing factors to candidiasis include:

- ① Diabetes
- ② Broad-spectrum antibiotic treatment (superinfection)
- ③ Steroid therapy
- ④ Immunosuppression
- ⑤ Old age & pregnancy
- ⑥ Prolonged exposure to water

Clinical features of candidiasis:

① **Cutaneous:** Affecting skin and mucous membranes

② **Systemic:** Affecting lung or kidney
→ usually complicates underlying disease as TB, malignancy or immunosuppression.

Aspergillosis

Caused by *Aspergillus fumigatus*,
→ rarely by *A. niger* & *A. flavus*

Spores are **found in air**
& are **continuously inhaled**

Aspergillosis may present as:

Invasive infections: e.g. pneumonia or meningitis → may occur in severely immunocompromised patients especially those with neutropenia

Viremia

(Presence of virus or viral component in bloodstream & detected by culture or molecular methods)

Common causes of viremia

- ① Hepatitis B virus
- ② Human immunodeficiency virus
- ③ Polio viruses
- ④ Measles virus
- ⑤ Rubella virus
- ⑥ Herpes viruses → varicella-zoster virus, Epstein-Barr virus and cytomegalo-virus
- ⑦ Arboviruses → yellow fever, dengue fever, Zika fever, West Nile and Rift Valley fever viruses
- ⑧ Roboviruses → Lassa fever virus and Hanta viruses
- ⑨ Filoviruses → Ebola and Marburg viruses

ARBOVIRUSES

Arthropod-borne viruses
→ i.e. they are
transmitted by arthropods

Collective name for large
group of diverse viruses
belonging to different families

In general, they are named either for:

- ① **The diseases** they cause
(e.g. yellow fever virus), or
- ② **The place** where they were first isolated
(e.g., West Nile virus)

Most arboviruses are classified in 3 families:

- ① Flaviviridae
- ② Togaviridae
- ③ Bunyaviridae

① Flaviviridae

Enveloped ssRNA viruses

Members of medical importance include:

- | | |
|--------------------------------|----------------------|
| ① Yellow fever virus | ② Dengue fever virus |
| ③ West Nile encephalitis virus | ④ Zika virus |

N.B.:

Hepatitis C virus is member of Flaviviridae but is not transmitted by arthropods → (i.e. not arbovirus)

① Dengue Fever (has the same MOT as yellow fever " mosquito bite")

Disease occurs in 2 clinical forms:

① Classic dengue ("breakbone fever")

- Begins suddenly with influenza-like manifestations with severe pains in bones & muscles
- Complete recovery is the rule

② Dengue haemorrhagic fever

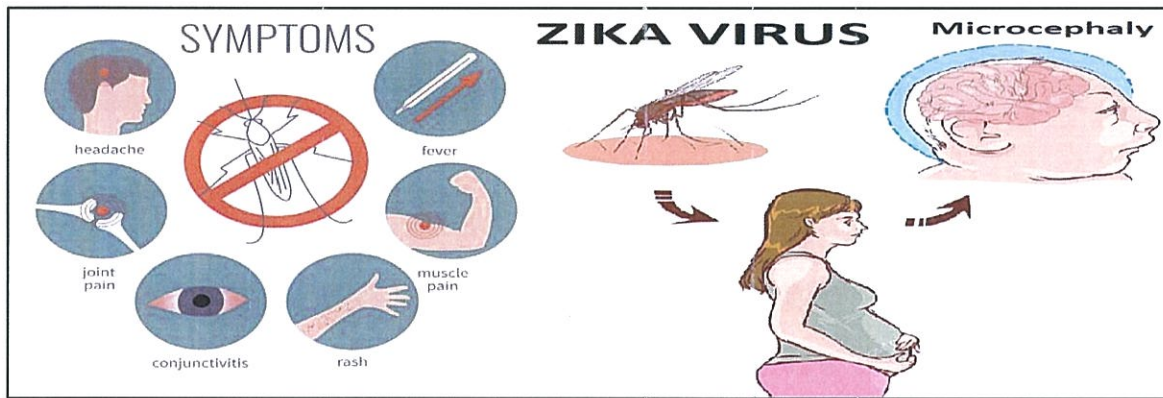
- Much more severe disease affecting mainly children
- Acute onset of fever is accompanied by gastrointestinal haemorrhage, renal involvement & shock with case fatality rate of 50%

② Zika Fever

- Zika virus is primarily spread by bite of infected mosquitos (*Aedes aegypti*) like yellow fever & dengue fever viruses
- However, sexual & blood-borne transmission of Zika virus has also been documented

After inoculation of virus into human skin, virus spreads to LNs & then enters bloodstream

- Most cases have no symptoms, but when present they are usually mild & may include:
① Fever ② Red eyes ③ Joint pain ④ Headache ⑤ Maculopapular rash
- Symptoms generally last less than seven days
- Infection during pregnancy may cause microcephaly & other foetal brain malformations
- Infection in adults has been linked to Guillain-Barre syndrome



There is no specific treatment & prevention is by protection against mosquito bites

② Bunyaviridae

Enveloped ssRNA viruses

Members of medical importance include:

- ① California encephalitis virus
- ② Rift Valley fever virus
- ③ Hantaan virus

Rift Valley Fever

Rift Valley fever virus is primarily **pathogen of sheep & domestic animals**

Man is infected through:

- ① Contact with infected animals
- ② Mosquito bite

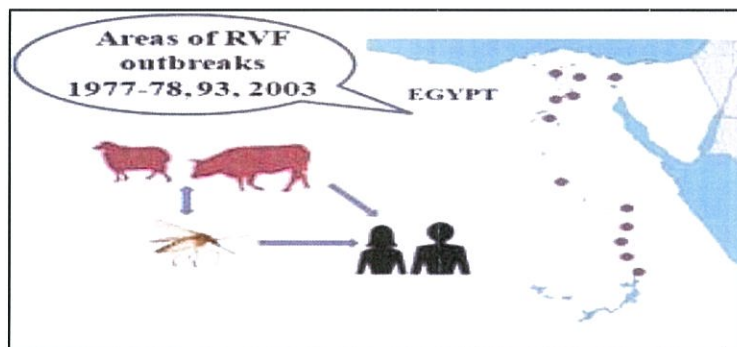
Disease in humans is usually **mild febrile illness** with **complete recovery**

Complications

- ① Haemorrhagic fever
- ② Encephalitis

Outbreak of Rift Valley fever occurred in **Egypt** during **1977** & caused **600 human deaths**

Living attenuated vaccine is used for animal immunization



Roboviruses

(Rodent-borne viruses that are transmitted directly from rodents to humans without arthropod vectors)

Medically important members include:

- ① Lassa fever virus → which belongs to **Arenaviridae**
- ② Hantaviruses → which belong to **Bunyaviridae**

① Lassa fever virus

- Lassa fever virus is the **most important member of Arenaviruses** which are **enveloped ssRNA viruses**
- It **causes haemorrhagic fever** with **high mortality rate**
- The virus is shed with rodent excreta, and is transmitted to humans by:
 - ① Inhalation of contaminated aerosol
 - ② Ingestion of contaminated food
 - ③ Contact with contaminated soil
- **Man-to-man transmission** occurs especially in hospitals

② Hantaviruses

- Most **important member of Hantaviruses** is **Hantaan virus** which causes **Korean haemorrhagic fever**
- They are **transmitted to humans** by **inhalation of aerosols of infected rodent excreta**
- There is **no person-to-person transmission**
- **Other members** of Hantaviruses cause **Hantavirus pulmonary syndrome** which is **associated with high mortality**

FILOVIRUSES

- Filoviruses are **enveloped ssRNA viruses**
- They **appear as filaments of varying lengths**
- Medically important members include:
 - ① Ebola virus
 - ② Marburg virus
- Both viruses **cause severe haemorrhagic fever** characterized by **widespread bleeding into the skin, mucous membrane, visceral organs and gastrointestinal tract**
- **Mortality rate is high** and may **reach up to 90%**
- Although the **natural reservoir of these viruses is unknown**, they **can be transmitted to humans from infected monkeys or by exposure to blood or other body fluids from infected patient** → **medical staff is especially at risk**
- In **2014**, epidemic of Ebola killed many thousands mostly in **west African countries**

Systemic vasculitis

Inflammation of blood vessel walls that can lead to narrowing, ischemia or development of aneurysms
→ *Rickettsia* spp. are the commonest cause of infectious vasculitis

RICKETTSIA

Characteristic features:

- 1 Rickettsia species are small obligate intracellular bacilli → they are unable to make sufficient ATP for independent life
- 2 They have Gram-negative cell wall structure → Rickettsiae are best stained by Giemsa stain
- 3 They cannot grow on artificial laboratory media, but can be isolated by inoculation of laboratory animals or tissue cultures
- 4 Organisms are maintained in nature by arthropods transmission

Rickettsia species:

Group	Organism	Disease	Arthropod vector	Mammalian reservoir	Geographic distribution	Clinical severity
Typhus group:	<i>R. prowazekii</i>	Epidemic typhus	Louse	Human	South America, Africa	++
	<i>R. typhi</i>	Endemic typhus	Flea	Rodents	Worldwide	-
	<i>Orientia tsutsugamushi</i>	Scrub typhus	Mite	Rodents	Far East	++
Spotted fever group:	<i>R. rickettsii</i>	Rocky Mountain spotted fever	Tick	Dogs, rodents	Rocky Mountain states, Eastern USA	+
	<i>R. akari</i>	Rickettsial pox	Mite	Mice	Asia, Far East, USA	-
	<i>R. conorii</i>	Mediterranean Spotted fever	Tick	Dogs	Mediterranean	+

Mode of transmission:

- Transmission of infection by infected louse or flea occurs by rubbing faeces of vector into broken skin
- Transmission of infection by infected tick or mite occurs via vector bite
- In case of epidemic typhus, the infected lice are eventually killed by the infecting bacteria → accordingly, this disease is not maintained in lice population → i.e. there is no louse-to-louse transmission and human infection is obligatory stage in the cycle.
- Ticks & mites can transmit the organism transovarially to their progeny → & so, the organism can be maintained in tick or mite population without mammalian host for many years.

N.B.:

All rickettsial diseases are considered to be zoonosis except epidemic typhus which occurs only in humans

Pathogenesis and clinical manifestations:

- Rickettsiae **infect the endothelial lining of the blood vessels** → leading to vasculitis
- **Damage to vessels of skin** results in **characteristic rash** & in **oedema & haemorrhage**
- Rickettsial disease is **usually accompanied by fever, headache & skin rash**
- In **severe cases**, rickettsial encephalitis with **coma, convulsions & pulmonary oedema** are **grave conditions that are often fatal**
- In some cases of **epidemic typhus**, rickettsiae are **not eliminated from the body** on clinical recovery and **remain in lymph nodes** → as much as **50 years** later, infection can be reactivated to cause **Brill-Zinsser disease** (i.e., **endogenous infection**), and the **patient once again acts as source of infection** for any louse that may be present

Laboratory diagnosis:

Indirect immunofluorescent test is used to **demonstrate anti-rickettsial antibodies**

Treatment:

Tetracycline is the drug of choice → and **chloramphenicol** is alternative

Prevention:

Prevention is based on **reducing exposure to arthropod vector** (e.g., delousing in case of epidemic typhus) & **personal hygiene**

**End Of Papers
(Module CVS - 207)
With My Best Wishes
Dr. Hesham Esmat**

