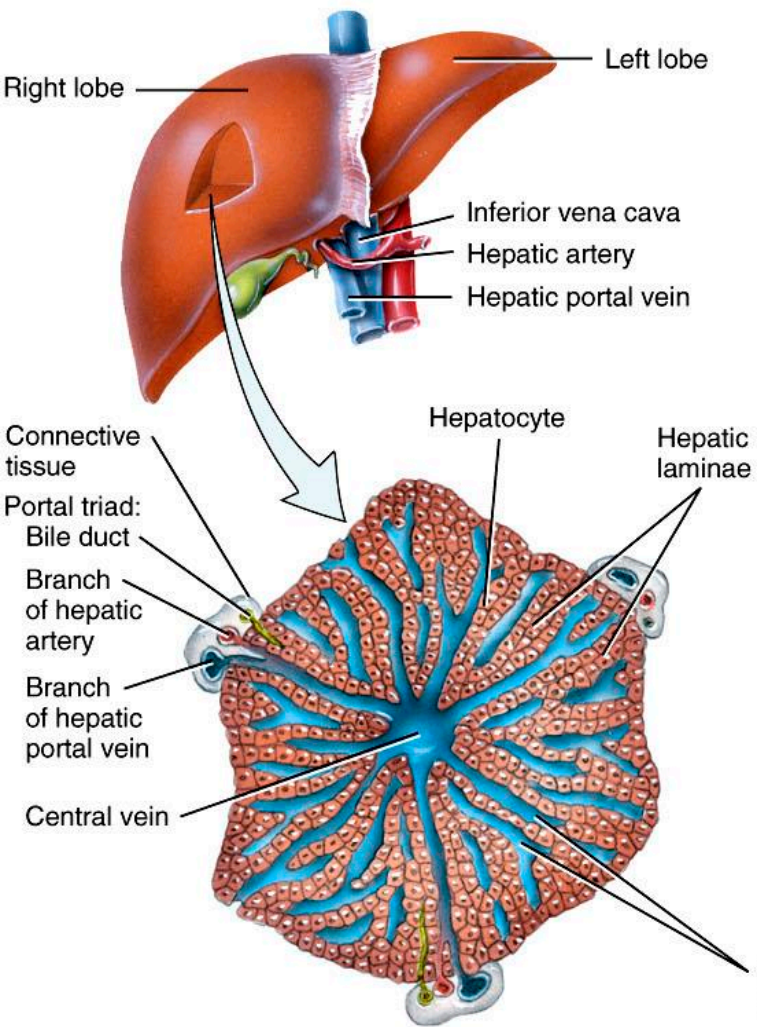


6-Secretion of Bile by the Liver

Functions of the Biliary Tree

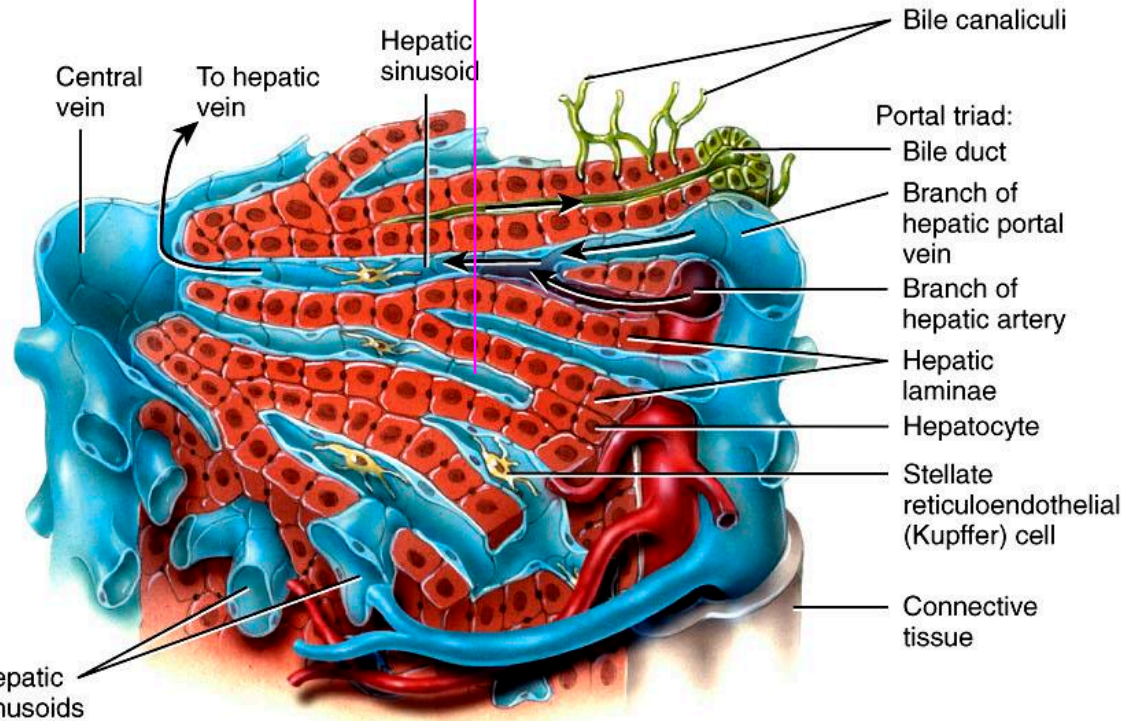
- liver is the largest gland in the body (1.5 Kg), essential for life.
- The functional unit is the liver lobule (hepatocytes around a central vein separated by blood sinusoids).
- The sinusoids are wide fenestrated, contain large Kupffer cells.
- **Hepatic vascular system:**
 - 1.5 L/minute (27% of CO) , 1L from portal vein, 500ml from hepatic artery.
 - Rich lymphatic drainage.

Histology of the Liver

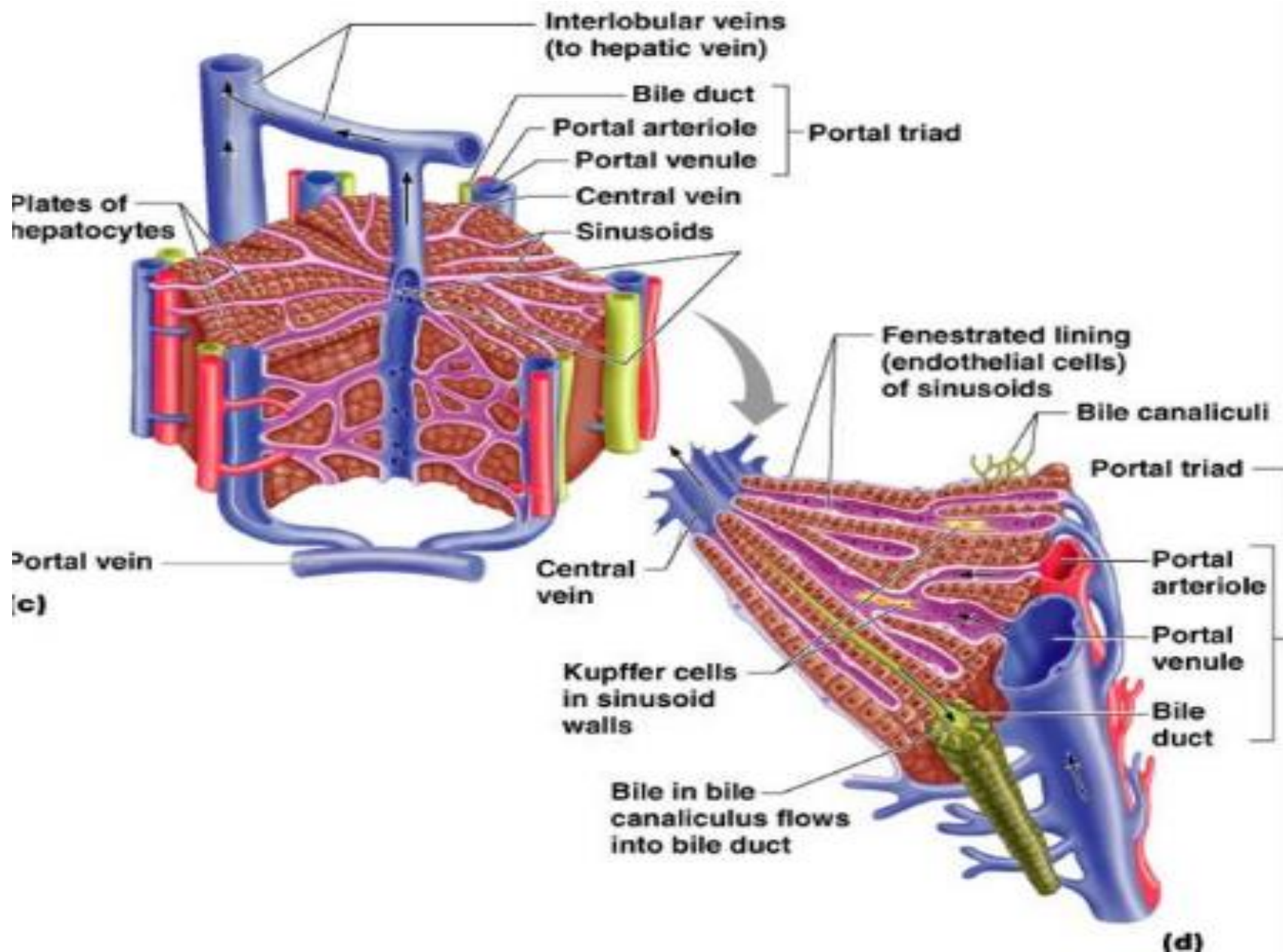


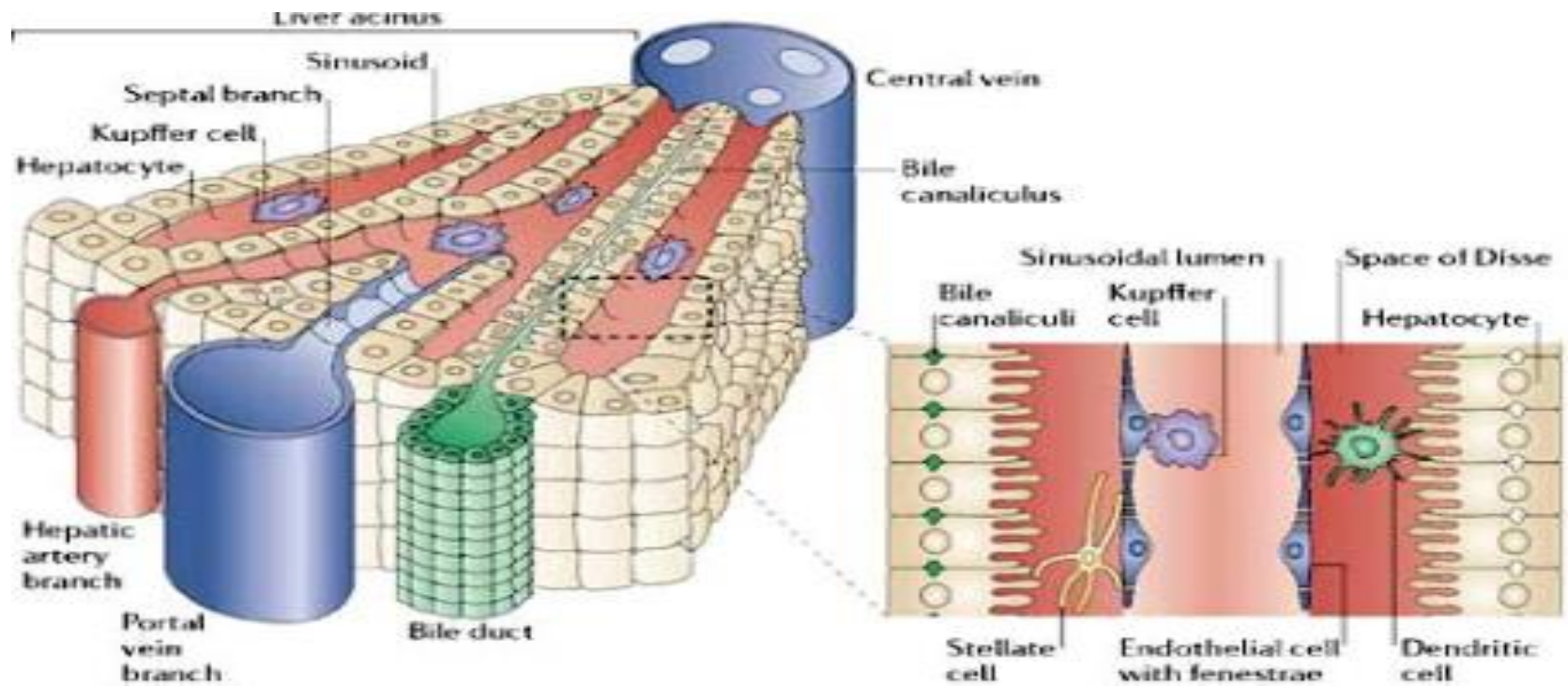
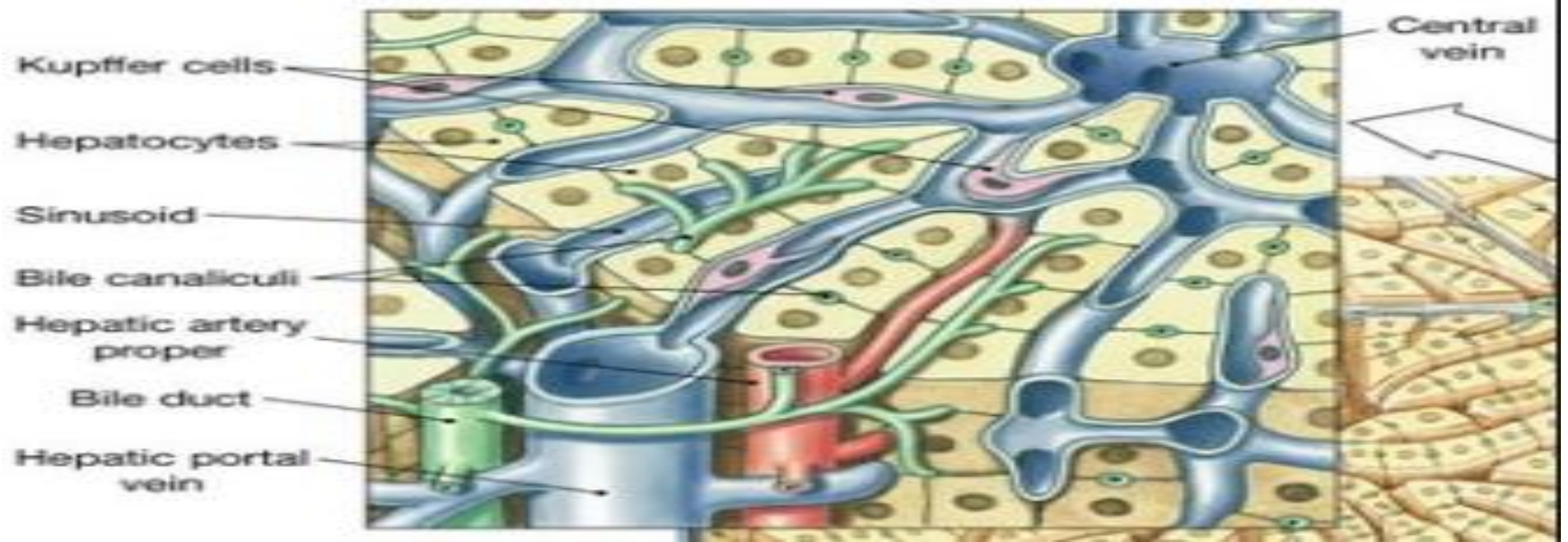
(a) Overview of histological components of liver

Liver lobule



(b) Details of histological components of liver





Liver: Blood Supply

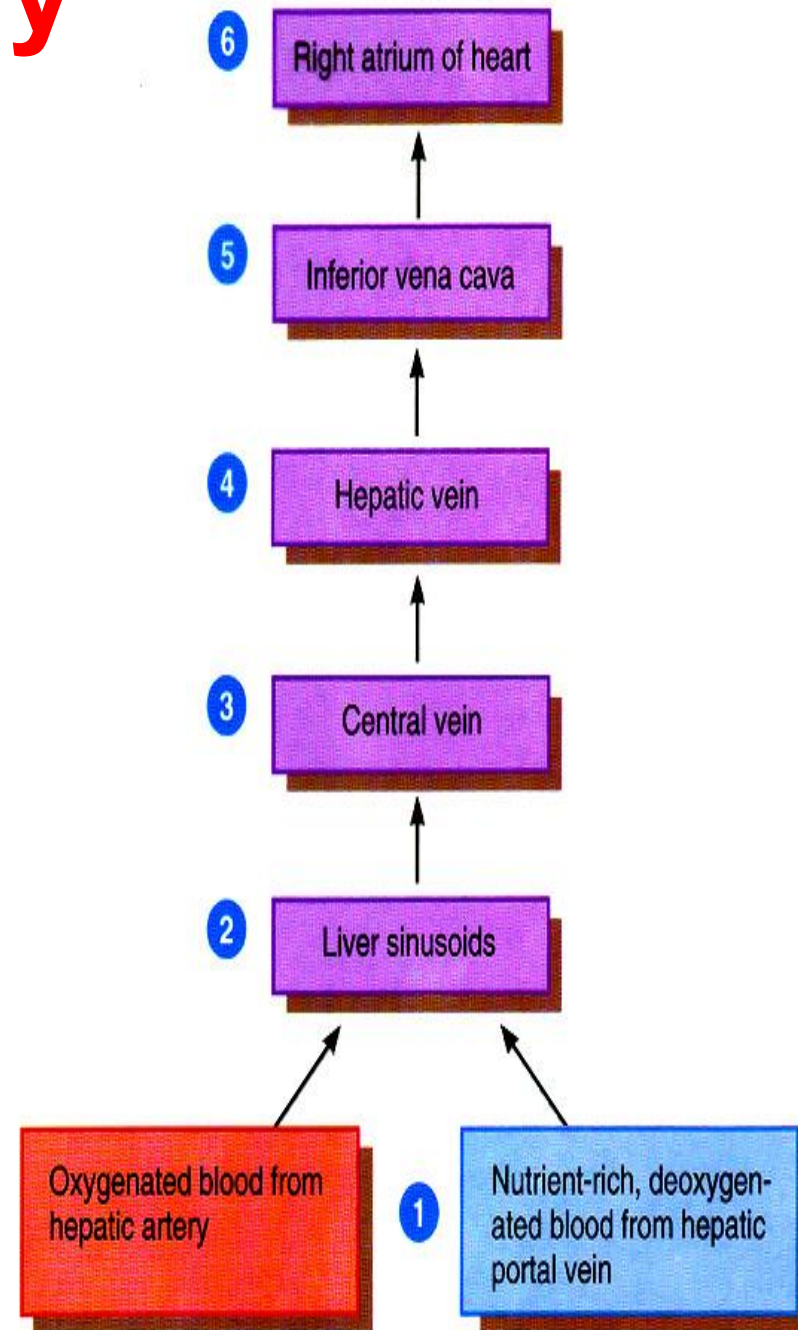
Two sources

■ Hepatic artery - oxygenated blood from aorta.

■ Hepatic portal vein - deoxygenated blood:

- Absorbed nutrients and toxins from the stomach and intestines.
- Hormones from the pancreas.
- Breakdown products of RBCs from the spleen.

- Blood mixes in the sinusoids
- Hepatocytes (liver cells) modify and exchange molecules with the blood.



Liver functions

1. Vascular Function:

- Blood storage: 10% of total blood volume 450ml.
- Blood filtration: 99% of bacteria that enter the portal blood from the intestine, small blood clots by are phagocytosed by Kupffer cells that line hepatic sinusoids.
- Removal of old red blood cells by Kupffer cells.

2. Secretory function (Bile formation):

Synthesis & secretion of bile salts & bile pigments.

3. Metabolic functions:

1. **Carbohydrate metabolism:** gluconeogenesis, glycogenolysis ,.
2. **Protein metabolism:** Deamination of amino acids
→ ketoacids.

Conversion of ammonia to urea.

Formation of uric acid.

Synthesis of non essential amino acids.

3. Fat metabolism:

1. Oxidation of fatty acids to supply energy.
2. Synthesis of cholesterol, lipoproteins & phospholipids.
3. Lipogenesis.
4. **Synthesis of** 25 hydroxy-cholecalciferol, plasma proteins (except γ globulin), clotting factors.

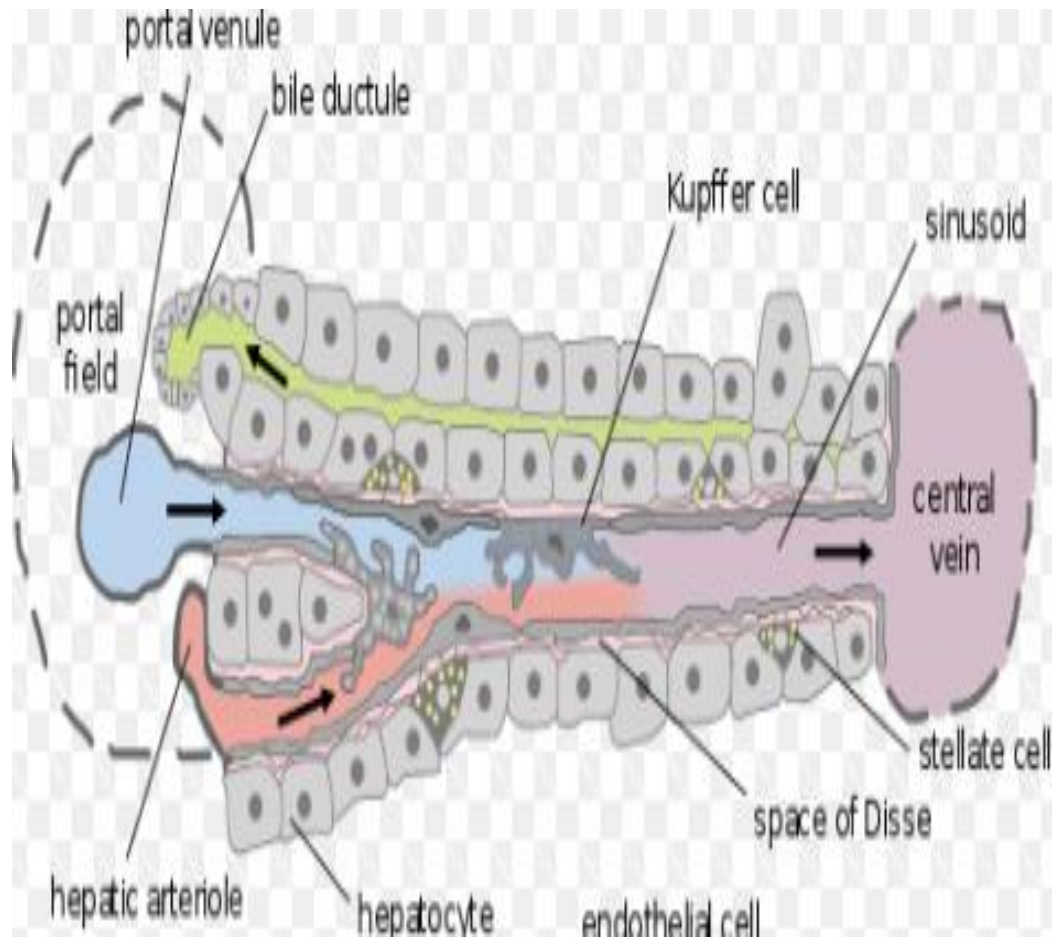
4. Storage function:

Glycogen, Vitamin A (ten months), D (3-4 months), B12 (12 months), Iron as ferritin.

5. Excretory function ;bile pigments, cholesterol.

6. Detoxification of drugs & hormones (thyroxin, steroid).

7. Immunity:Kupffer cells.



Bile

- Bile is an important digestive juice that is secreted by the liver and stored into the gall bladder.
- Initial secretion The liver forms and secretes 600-1200 ml of bile/ day by the liver hepatocytes into the biliary canaliculi rich in bile acids, cholesterol, lecithin to reach the hepatic duct.
- Second secretion by hepatic ducts rich in NaHCO_3 then the bile empties into the duodenum or through the cystic duct into the gall bladder.

Composition:

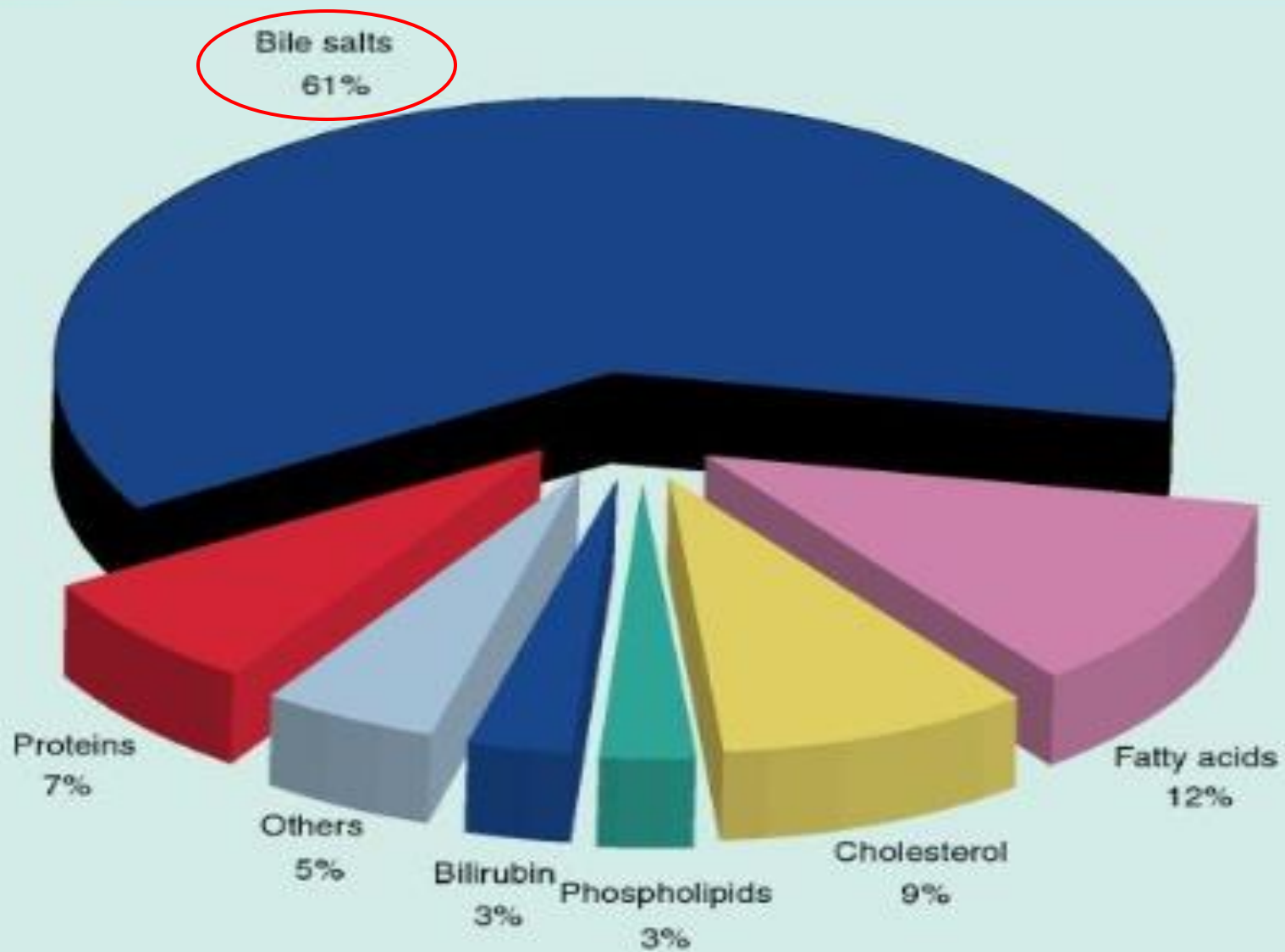
Volume: 600-1200 ml/day.

pH: 7.8- 8.6.

Liver Bile

Gallbladder Bile

Water	97.5 g/dl	92 g/dl
Bile salts	1.1 g/dl	6 g/dl
Bilirubin	0.04 g/dl	0.3 g/dl
Cholesterol	0.1 g/dl	0.3 to 0.9 g/dl
Fatty acids	0.12 g/dl	0.3 to 1.2 g/dl
Lecithin	0.04 g/dl	0.3 g/dl
Na ⁺	145.04 mEq/L	130 mEq/L
K ⁺	5 mEq/L	12 mEq/L
Ca ⁺⁺	5 mEq/L	23 mEq/L
Cl ⁻	100 mEq/L	25 mEq/L
HCO ₃ ⁻	28 mEq/L	10 mEq/L



Constituents:

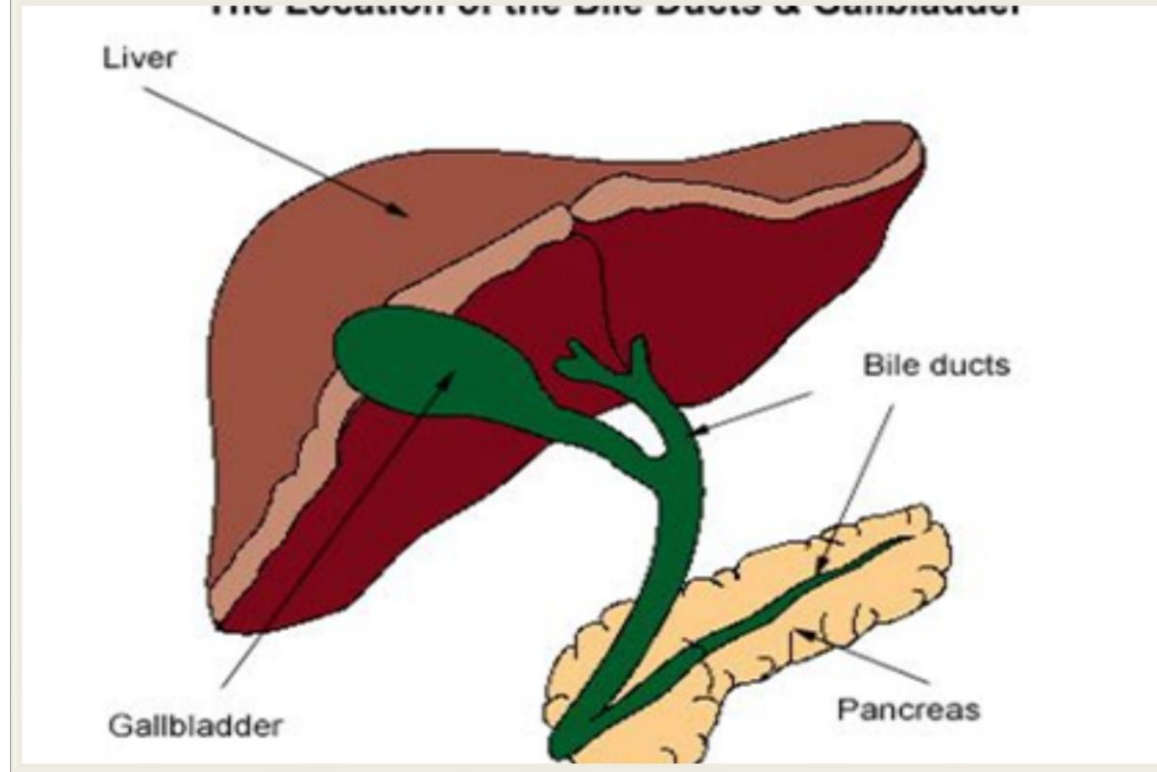
1-Aqueous constituents (alkaline fluid, 97.5%);

- Secreted by Duct cells.
- H₂O, Inorganic salts 0.5% (Na⁺, K⁺, Ca²⁺, Cl⁻, HCO₃⁻).

2-Organic constituents (2.5%):

- Secreted by Hepatocytes.
- (Bile salts, bile pigments, fatty acids, cholesterol, lecithin).

3-Alkaline phosphatase enzyme.



Liver continuously synthesizes & secretes bile. Between meals, sphincter of Oddi is closed so secreted bile is moved into the gall bladder to be stored and concentrated. During meal, bile is secreted from the gall bladder & liver .

Functions of bile

- Neutralization of HCl : Share in HCl neutralization in the duodenum due to its high bicarbonate content. Its mucus content protect duodenal mucosa.
- Digestive function: Bile contains bile acids & salts , which are critical for digestion and absorption of fats and fat-soluble vitamins in the small intestine.
- Excretory function: Many waste products (bilirubin & cholesterol) , are eliminated from the body by secretion into bile and elimination in feces.

Free cholesterol is not soluble in aqueous solutions, but in bile, it is made soluble by bile acids and lipids like lecithin.

- Bile salts are important for cholesterol homeostasis,
- Hepatic synthesis of bile acids accounts for the majority of cholesterol breakdown in the body. In humans, roughly **1-2g of cholesterol** are converted to bile acids and eliminated in bile every day.

Bile salts

- Bile acids (600 mg daily) are synthesized in the hepatocytes from cholesterol.
- Cholesterol is converted into the (primary), bile acids cholic and chenodeoxycholic acids which are then conjugated to an amino acid (glycine or taurine) to yield the conjugated form that is actively secreted into canaliculi.
- Bile acids contain both hydrophobic (lipid soluble) and polar (hydrophilic) faces. 2ry bile acids deoxycholic, lithocholic acids are formed by bacterial action in colon.
- Tertiary(ursodeoxycholic, sulpholithocholic.

Functions of bile salts:

1. They help fat digestion by decreasing surface tension of fat globules → **fat emulsification** (*detergent function*) to small droplets.
2. They are essential for absorption of
 - ◆ Fatty acids
 - ◆ Monoglycerides
 - ◆ Cholesterol.
 - ◆ Other lipids from the intestinal tract. & fat soluble vitamins (A,D,E, K).(forming **Micelles** which are water soluble complexes).If absent, 40-50% of fats will lost in feces.
3. They are **cholertics** .i.e. stimulate bile flow.
4. **Laxative action** by stimulating intestinal peristalsis.
5. They are essential for keeping cholesterol dissolved in bile.

Liver Secretion Of Cholesterol And Gallstone Formation

- ❖ Bile acids are formed in the hepatic cells from cholesterol in the blood plasma.
- ❖ BS are conjugated in liver by amino acids glycine and taurine to glycocholic and taurocholic acids.
- ❖ Both form salts by binding to Na, K in alkaline bile
- ❖ In the process of secreting the bile salts about 1 to 2 grams of cholesterol are removed from the blood plasma and secreted into the bile each day.

Causes of gallstones:

1. Too much absorption of water from bile
2. Too much absorption of bile acids from bile
3. Too much cholesterol in bile
4. Inflammation of epithelium

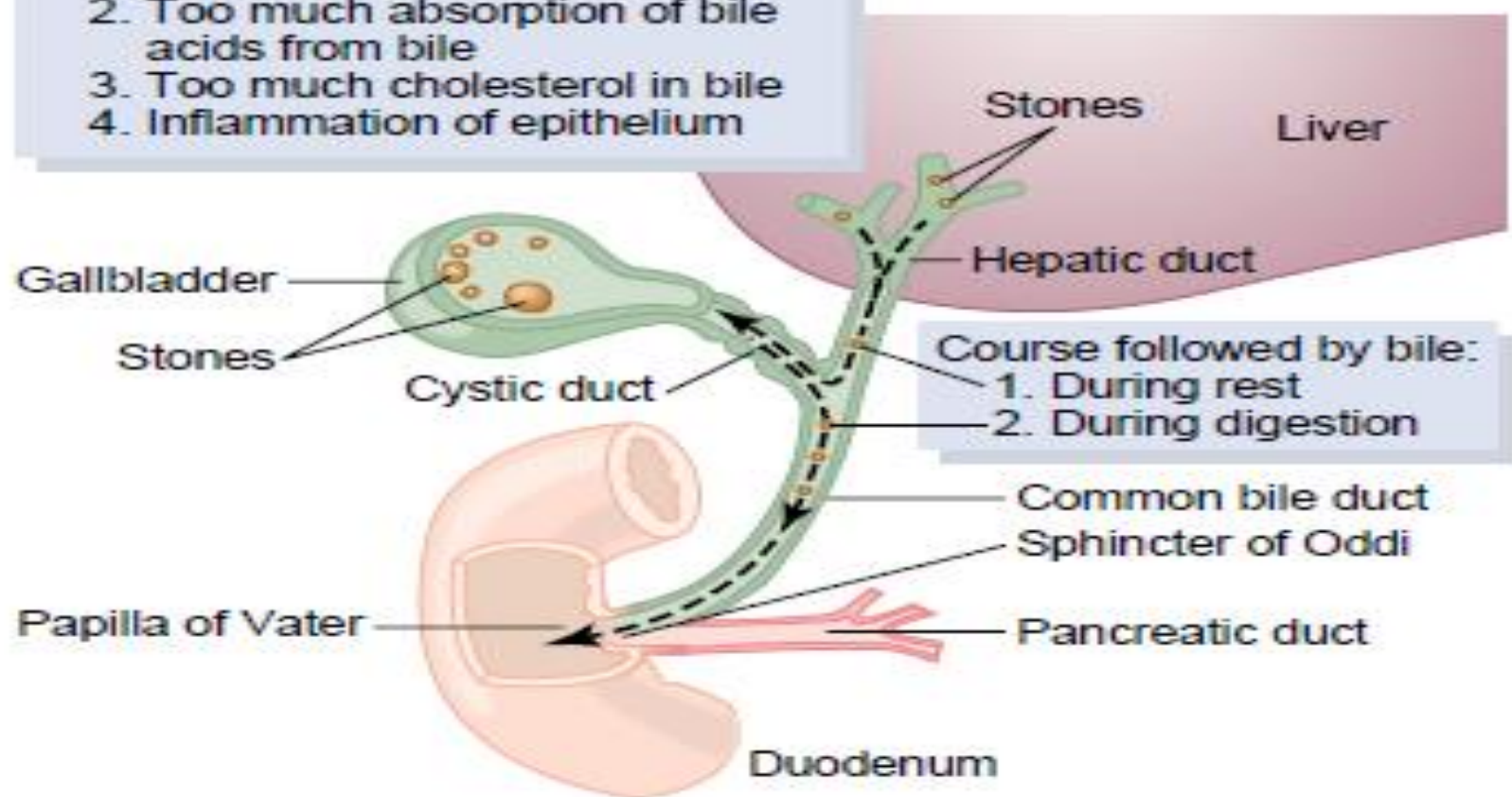
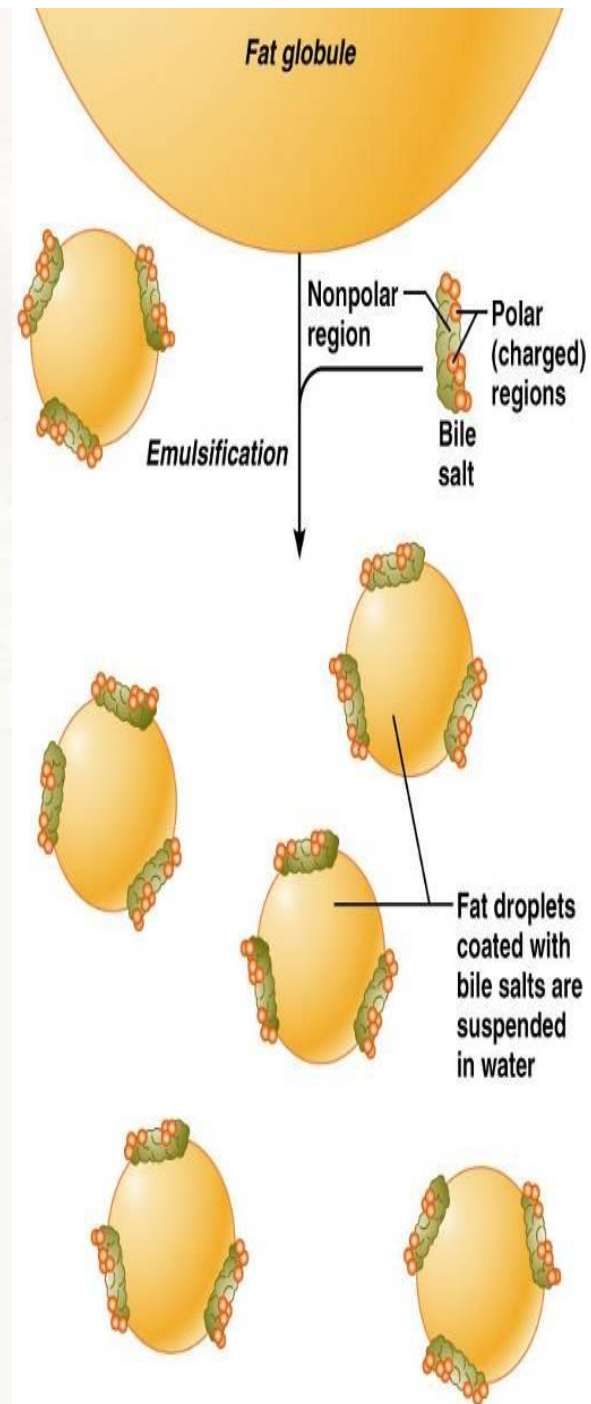
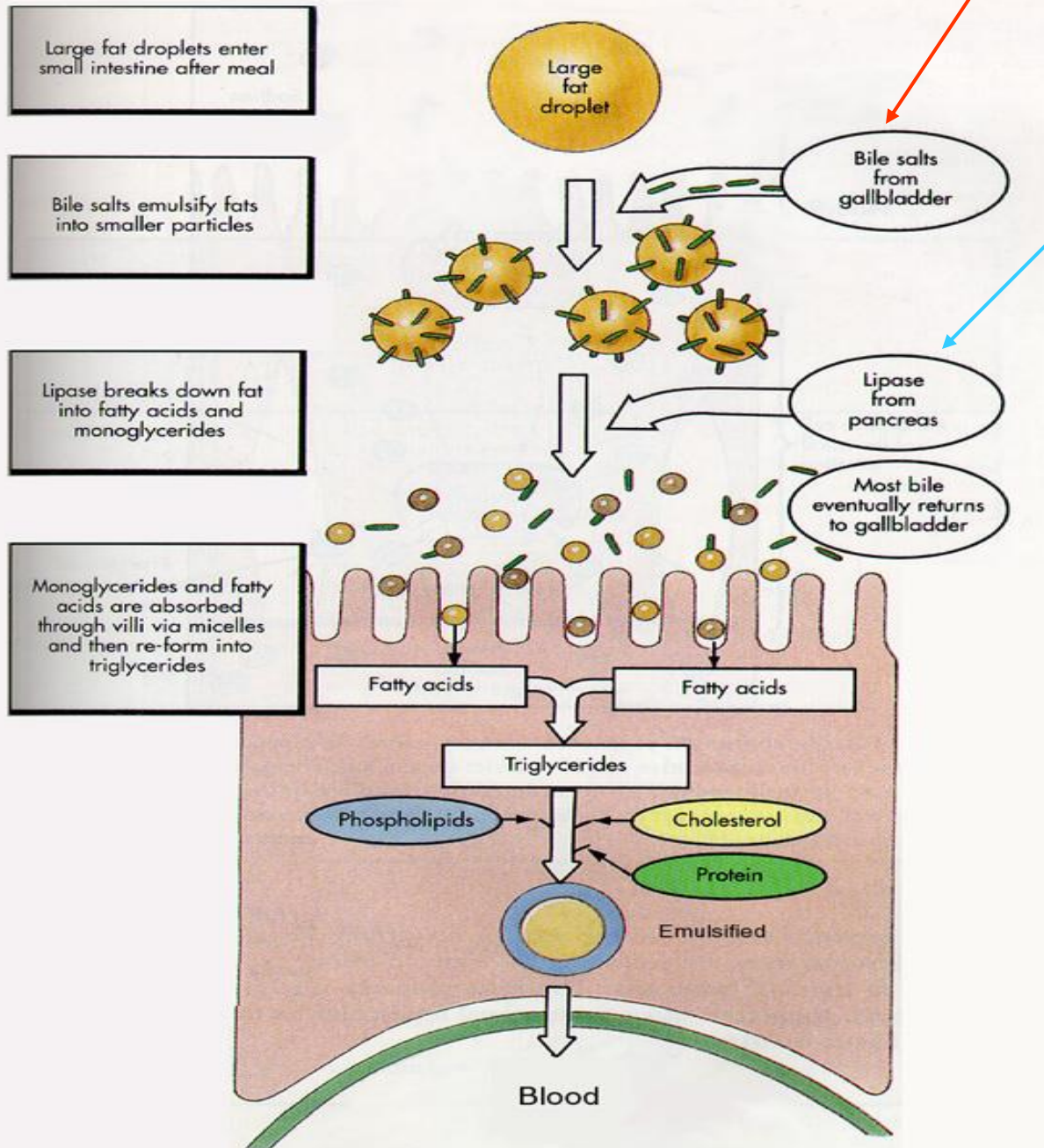
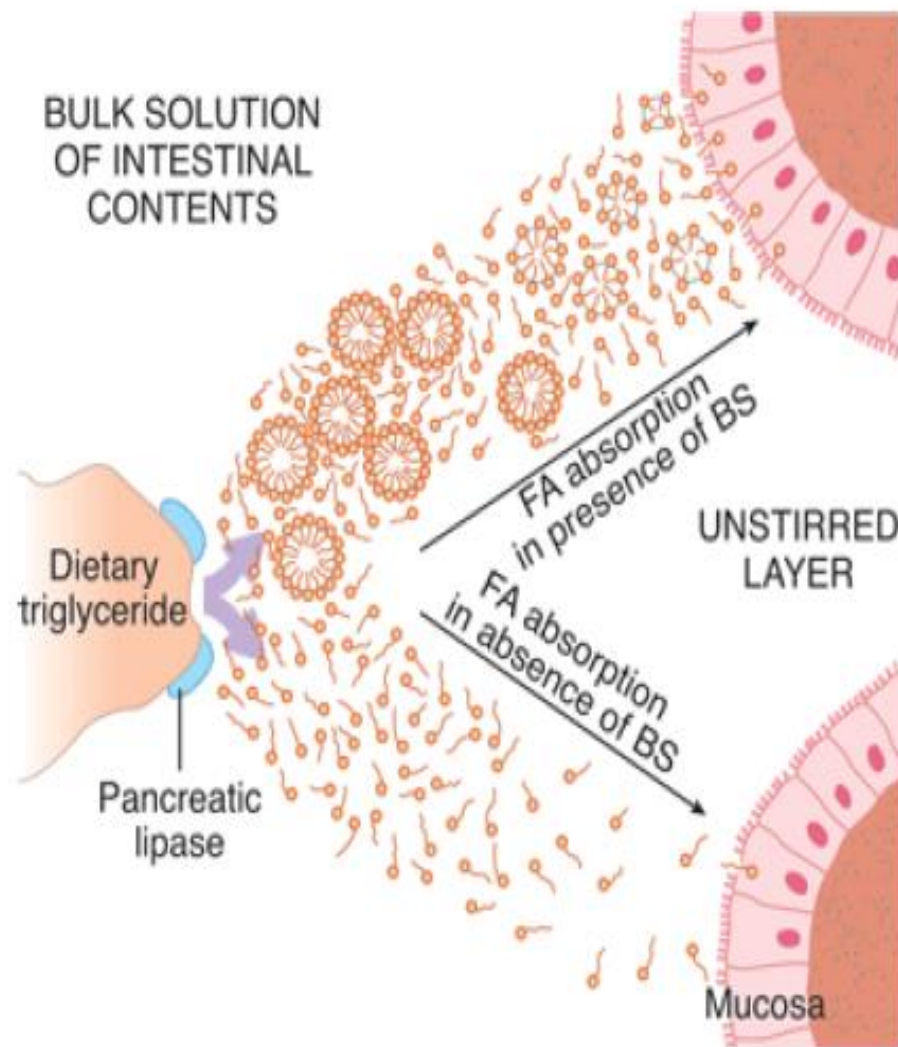


Figure 64-12

Formation of gallstones.

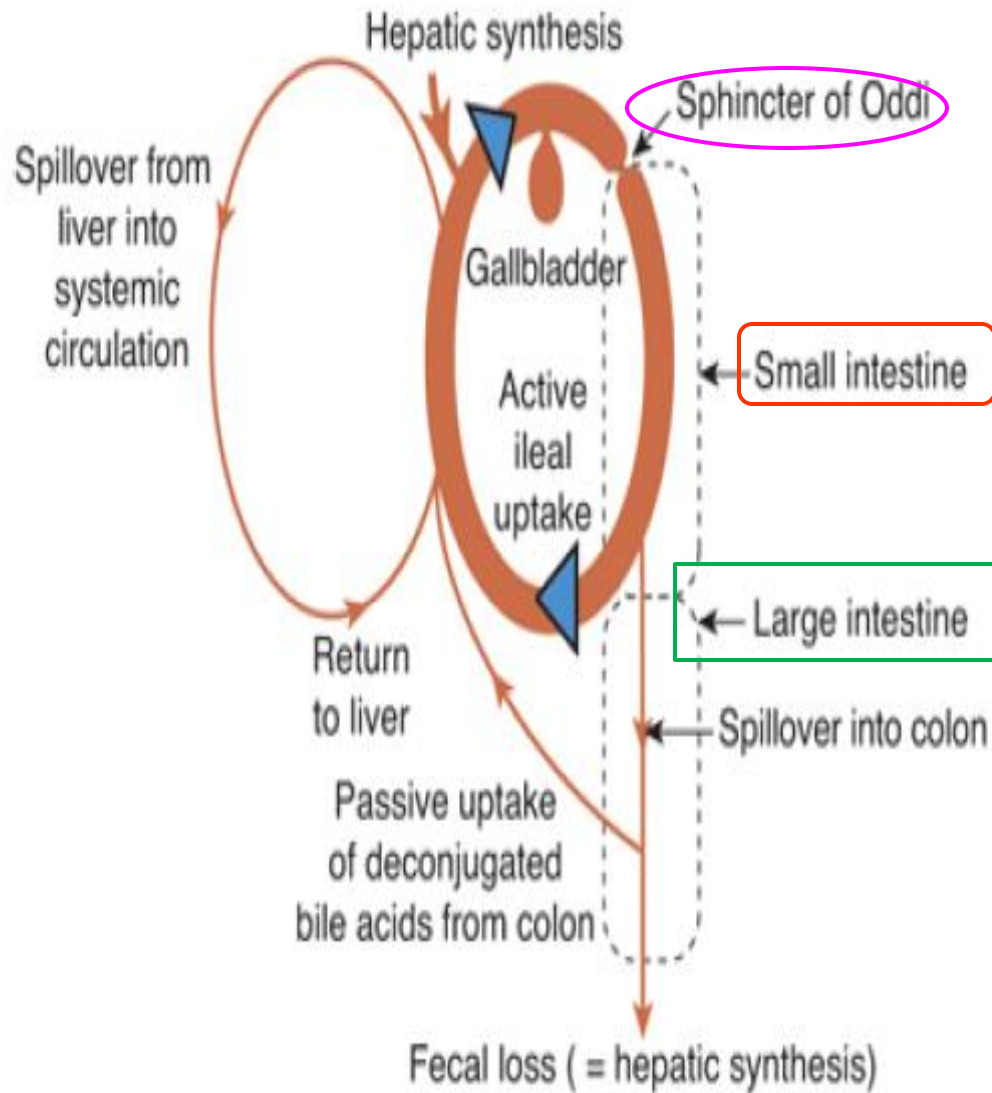
Digestion and Absorption



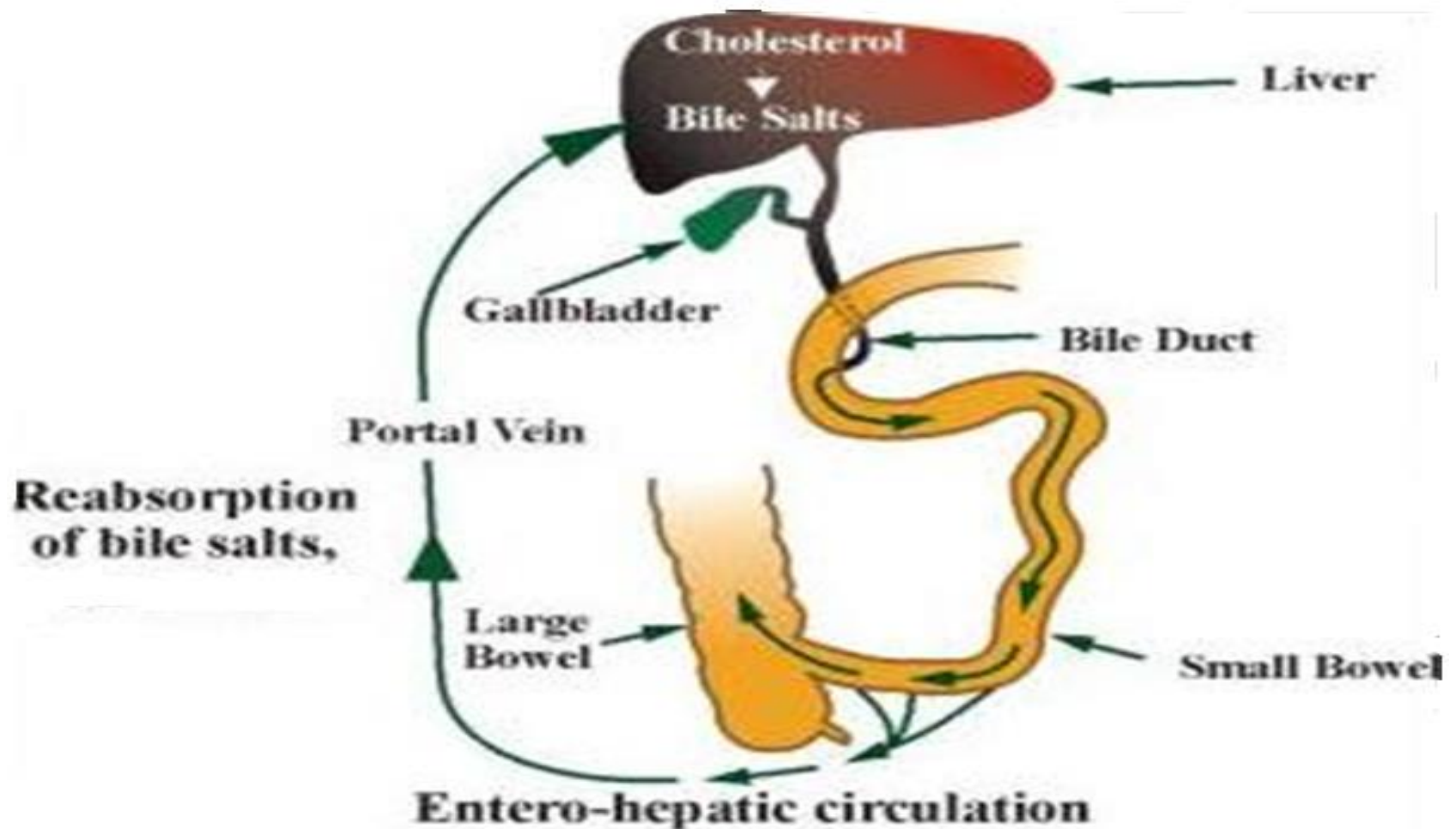


Enterohepatic circulation

- 94% of bile salts are reabsorbed, about **one half** of this by **Diffusion** through the mucosa in the early portions of the small intestine and the remainder by an **Active transport** process from the Terminal ileum and returned to the liver to be secreted.
- 5-10% enter the colon → salts of deoxy (reabsorbed) and lithocholic acid (insoluble and excreted in the stool). 2nd bile salts.
- The total bile salt pool in the body is 3.5 gm (recycles 6-8 times), and the amount lost in stools (0.2-0.4 gm/day) is replaced by new synthesis in the liver.



- If the enterohepatic circulation is interrupted → liver cannot compensate and signs of bile salt deficiency appear (*steatorrhea, deficiency of fat soluble vitamins, cholesterol stones*).



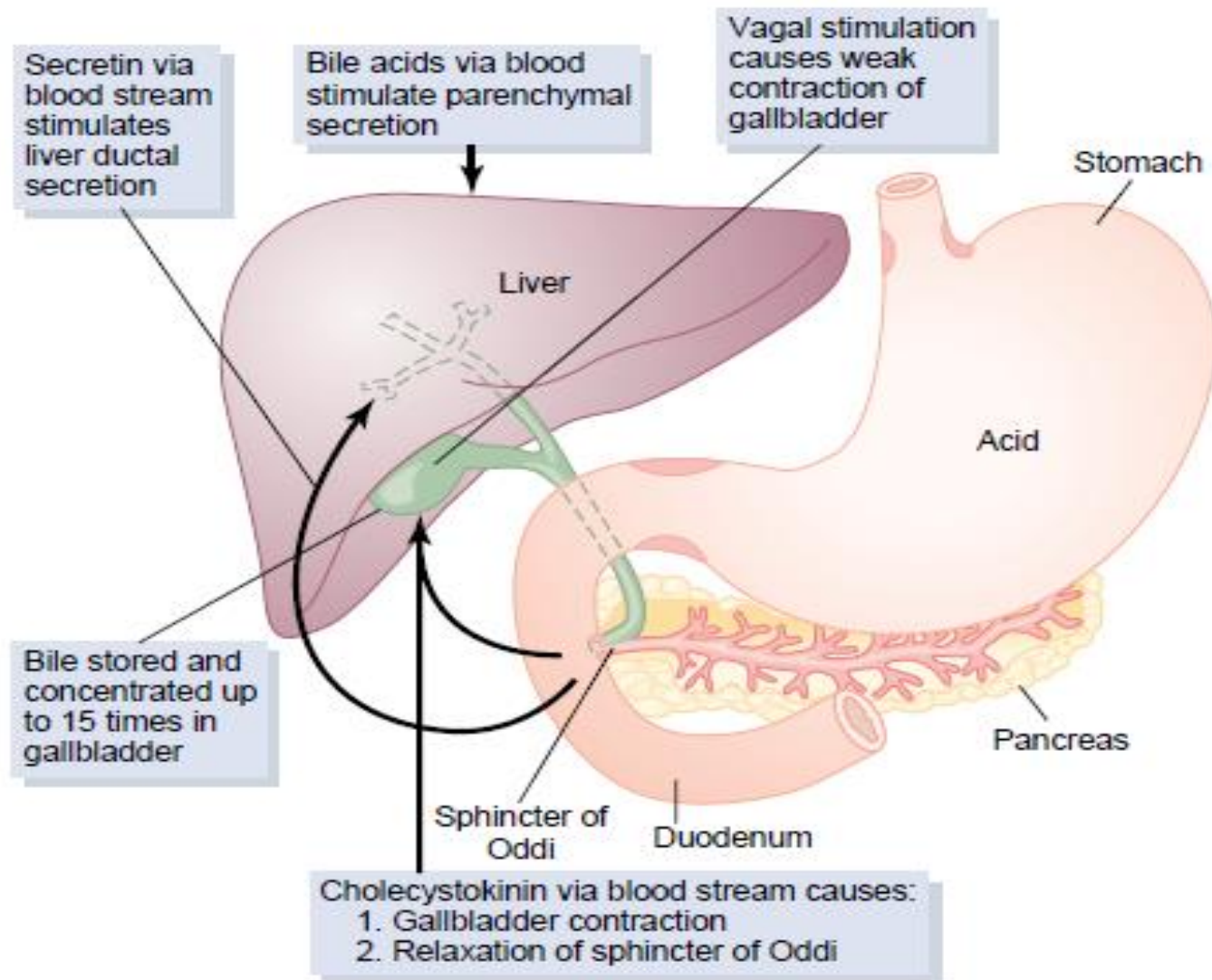
Regulation of bile secretion

Bile secretion by the liver is increased by:-

- **Chemical mechanism;** Bile salts returned to the liver by the enterohepatic circulation stimulate further bile secretion.
- **Hormonal mechanism;** **Secretin** stimulate the aqueous alkaline portion of bile and increase bile flow.
- **Neural mechanism;** occurs in the cephalic phase of digestion . Mediated via the **Vagus nerve** & cause increased water & bicarbonate content of bile.

Choleretics are substances that increase bile formation by the liver and bile flow .e.g. bile salts & **secretin**.

Cholagogue are substances that increase move bile from the gall bladder and increase bile flow .e.g. **CCK**



Liver: Bile Synthesis

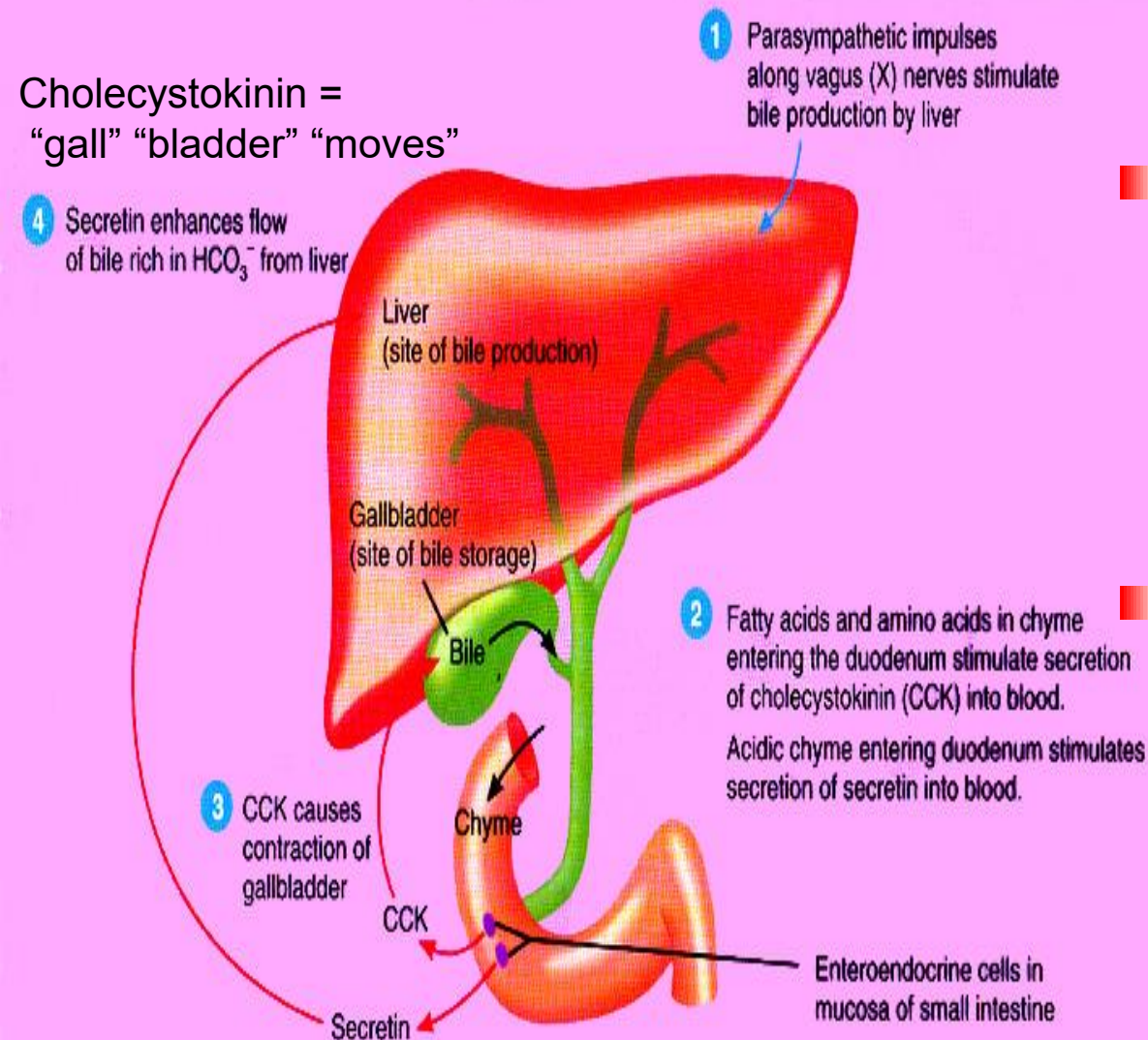
○ Regulation of bile production/secretion

■ Nervous control from parasympathetic via Vagus nerve

■ Auto regulation by sensing the presence of fatty acids and amino acids in the acidic chyme

■ Hormonal control by the secretion of the Enteroendocrine, CCK and secretin, from the duodenum

Cholecystikinin =
“gall” “bladder” “moves”



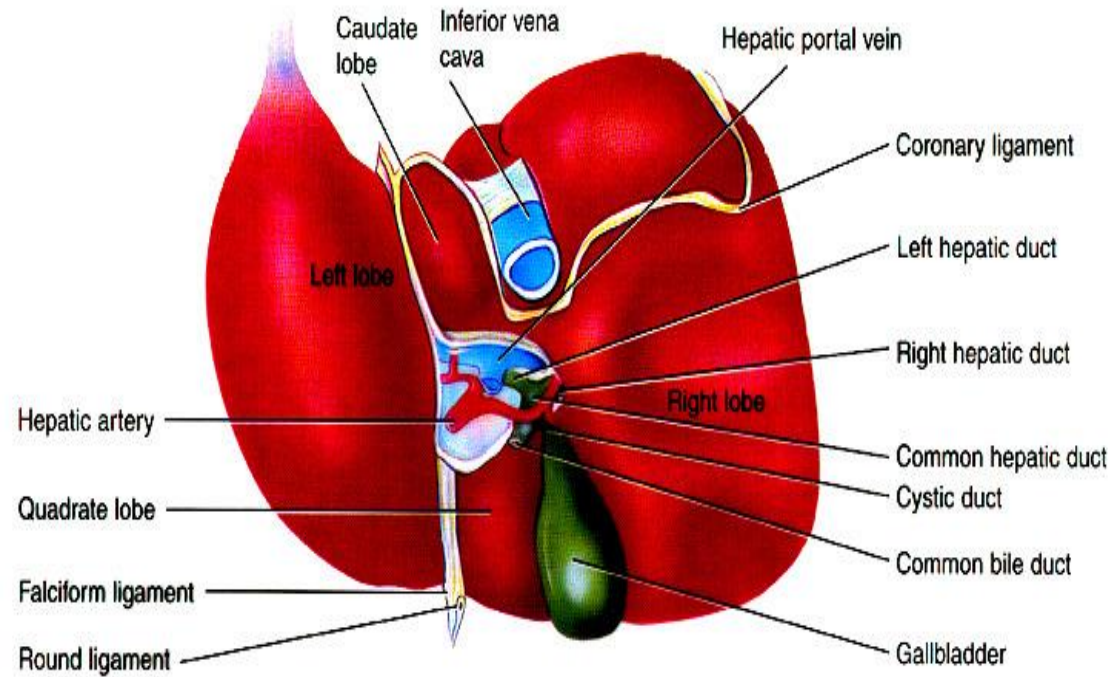
Gall Bladder

- Pear-shaped sac, 7-10 cm long

- **Physiology**

- Stores and concentrates bile between meals
- CCK stimulates bile release for fatty meals
- when the small intestine is empty, the hepatopancreatic sphincter closes, forcing bile into the gallbladder for storage

Pathology:
gallstones



Functions Gall Bladder

- 1-Storage of bile:** between meals, the sphincter of oddi is tonically contracted, so bile flow retrograde upwards through the cystic duct to be stored in the gall bladder.
- 2-Concentration of bile :** by active reabsorption of Na^+ , followed by passive reabsorption of water and most electrolytes, except calcium (bile salts increase 5-10 times, water content decreases to 89%).

3-Acidification of bile: due to bicarbonate reabsorption during concentration, pH= 7-7.4 (prevents Ca^{2+} ppt and formation of gall stones).

4-Secretion of mucus: (white bile) from mucous glands in the mucosa: it Protects the gall bladder wall against highly concentrated bile salts, gives the bile a semi fluid consistency, and acts as a lubricant in the small intestine.

5-Evacuation: by contraction of wall and relaxation of sphincter.