

Each of the questions or incomplete statements below is followed by suggested responses or completions. Select the one that is best in each case.

1- At which of the following age ranges do children start to show an understanding of object permanence?

- a. Age of 0-2 months
- b. Age of 2-7 months
- c. Age of 7-18 months
- d. Age of 18-36 months
- e. Age of 36-48 months

2- A 59-year-old man played Lotto consistently with the desire to win big one day. He has won small amounts of money on certain occasions. What is the reinforcement schedule demonstrated by his behavior? Select one:

- A. Fixed ratio
- B. Variable interval
- ☒ C. Variable ratio
- D. Fixed interval
- E. None of the listed options

3- During which of the following age ranges do children acquire the ability to understand conservation?

- a. The first year of life
- ☒ b. Years 1-2
- c. Years 2-7
- d. Years 7-11
- e. Years 11-end of adolescence

4- All of the following are correct statements regarding newborn reflexes except:

- a. Rooting reflex includes turning the baby's face to the direction of touch ✓
- ☒ b. All neonatal reflexes starts at birth ✓
- c. Moro reflex includes extension of arms and legs of the baby when startled ✓
- ☒ d. All neonatal reflexes ends by the age of 5-6 months
- e. The presence of neonatal reflexes in adult life may indicates the presence of central nervous system problem

5- A middle-aged man has had an unconscious desire to control others for as long as he can remember. To fulfill this need, he became a prison guard. Which defense mechanism is most often used:

- A. Displacement
- B. Projection
- C. Reaction formation
- D. Repression
- ☒ E. Sublimation

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6- Which of the following concepts did Piaget use to describe the preoperational child?
a. Mastering the concept of conservation
b. Abstract thinking
c. Egocentrism
d. Circular reactions
e. Seriation and classification

7- A teenager is worried about joining the all-boys band group in his school. According to Erik Erikson, he is at what phase of psychosocial development? Select one:
A. Identity vs role confusion
B. Industry vs inferiority
C. Intimacy vs isolation
D. Generativity vs stagnation
E. Initiative vs guilt

8- Psychiatric complications of alcohol dependence are:
A. Anxiety
B. Suicide
C. Depression
D. Mania
E. All of the above

9- During which of the following age ranges do children begin using deductive thinking?
a. The first year of life
b. Years 1-2
c. Years 2-7
d. Years 7-11
e. Years 11-end of adolescence

10- A parrot was given a new cage. When the parrot touched a lever in the cage, it received an electric shock. It did not touch the lever again. The learning process that has occurred here is,

Select one:
A. Observational learning
B. Shaping
C. Negative reinforcement
D. Chaining
E. Punishment

11- In a behavioral treatment, every time a person drinks alcohol, he is administered an electric shock. Which of the following principles underlie this treatment?
A. Cognitive therapy
B. Punishment therapy
C. Systematic desensitization
D. Aversive conditioning
E. Psychodynamic therapy

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12- Which one of the following is a true statement about learned helplessness?

- A. It was originally used as a cognitive model for depression.
- ☒ B. It occurs when met with uncontrollable aversive stimuli.
- C. It was first described by Beck.
- D. It is one of the cognitive triads of depression.
- E. None of the above

13- Which of the following is correct concerning defense mechanisms employed by the ego? Select one:

- A. Defenses operate only in pathological situations
- B. All defenses lead to complete resolution of anxiety
- ☒ C. Repression is considered as the primary defense
- D. Acting out is a mature defense
- E. Immature defenses are characteristic of psychosis

14- Which of the following tests involves asking a patient to make up a story when shown a picture?

- A. Rorschach Test
- ☒ B. Thematic Apperception Test
- C. Holtzman Inkblot Technique
- D. Minnesota Multiphasic Personality Inventory
- E. Wechsler adult intelligence scale

15- Which one of the following is false regarding Freud's theories of human development?

- A. During development, sexual energy shifts to different areas of the body that are usually associated with eroticism
- B. The anal phase is from 1 to 3 years of age
- C. Latency is marked by a sharp increase in sexual interest
- D. Freud thought that resolution of his stages was essential to normal adult functioning
- ☒ E. The phallic stage is from 3 to 5 years of age

16- Which part of the mind that works on reality principle:

- A. ID
- ☒ B. Ego
- C. Super ego
- D. Ego-ideal
- E. Subconscious

17- According to Maslow's Hierarchy of Needs Theory, at the times of natural disasters which of the following will be the most appropriate intervention?

- ☒ A. Provision of food and shelter
- B. CBT to enhance self-esteem
- C. Group therapy to enhance love and belongingness
- D. Behavioural therapy to enhance safety behaviour
- E. Meditation to achieve self actualization

18- Operant conditioning is best described by which one of the following phrases?

- a. Behaviors that are strengthened or weakened as a function of the events that follow them
- b. Presentation or removal of an event after a response that increases the frequency of the response
- c. Removing the presence of a reinforcing event after a response decreases the frequency of the previously reinforced response
- d. Certain stimuli coming to elicit reflex response
- e. Reinforcement of the gradual approximation of a desired behavior

19- All of the following are the stages of systematic desensitization except:

- a. Relaxation training
- b. Constructing the anxiety hierarchy
- c. Desensitization in imagination
- d. Self-talk
- e. In vivo desensitization

20- Which of the following is defined as the sense of self as being male or female?

- A. Gender role
- B. Gender identity
- C. Sexual identity
- D. Sexual orientation
- E. Sexual behavior

21- Which of the following is defined as the pattern of a person's biological sexual characteristics: chromosomes, external genitalia, internal genitalia, hormonal composition, gonads, and secondary sexual characteristics?

- A. Gender role
- B. Gender identity
- C. Sexual identity
- D. Sexual orientation
- E. Sexual behavior

22- Which of Erikson's stages is associated with ages 20 to 39?

- A. Ego identity versus role confusion
- B. Integrity versus despair
- C. Generativity versus stagnation
- D. Intimacy versus isolation
- E. Industry versus inferiority

23- A 34-year-old woman gives birth to a child who has short palpebral fissures, a smooth philtrum, and microcephaly. Based on the child's physical appearance, which one of the following substances is this woman most likely to have abused during pregnancy?

- A. Crack cocaine
- B. Marijuana
- C. Alcohol
- D. Nicotine
- E. Heroin

E. Socioeconomic status

25- An adolescent male who has no concerns about his marijuana use is brought to the outpatient clinic by his mother for substance abuse treatment. Such a patient is most likely presenting in which of the following stages of change?

- A. Precontemplation
- B. Contemplation
- C. Preparation
- D. Action
- E. Maintenance

26- Which of the following defense mechanisms is characterized by the attribution of one's unrecognized feelings to others?

- A. Suppression
- B. Denial
- C. Projection
- D. Splitting
- E. Projective identification

27- Kohlberg concept of conventional morality is closely related to which of the following?

Select one:

- A. A child believes that the right thing is what satisfies one's needs
- B. A child believes that the right thing is what authority approves
- C. A child believes that the right thing is to uphold ethical principles
- D. A child believes that the right thing is one that avoids punishments
- E. A child believes that the right thing is what the intuition suggests

28- A 35-year-old woman currently admitted to the inpatient psychiatric unit praises you as the "best doctor" and says you "completely understand my situation." She describes other caregivers as "terrible" and hopelessly unable to understand her. What defense mechanism accounts for these reports?

- A. Acting out
- B. Splitting
- C. Reaction formation
- D. Displacement
- E. Projection

29- Which of the following signs is least likely to occur in opioid withdrawal?

- a. Dysphoric mood
- b. Lacrimation, rhinorrhea, and sweating

- ...phetamines are the most widely abused recreational substance among
- 30- Which of the following is the most widely abused recreational substance among the following in the United States?
- B. Cannabis
 - C. Cocaine
 - D. Inhalants
 - E. Opiates

- 31- Compulsions provide short-term relief of obsessional anxiety. The learning principle operating here is, Select one:
- A. Positive reinforcement
 - ☒ B. Negative reinforcement
 - C. Reciprocal inhibition
 - D. Punishment
 - E. Reward orientation

32- CAGE questionnaire for the assessment of problematic alcohol use, includes all of the following except :

- a- Have you ever felt you should cut down on your drinking?
- b- Have people annoyed you by criticizing your drinking?
- c- Have you been unable to remember what happened the night before because you had been drinking?
- d- Have you ever felt bad or guilty about your drinking?
- e- Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

33- All of the following are laboratory findings indicates alcohol use except:

- a- High ethanol blood level
- b- High alcohol level in breathalyser
- c- Increased GGT
- d- high liver enzymes
- e- High levels of tetrahydrocannabinol in urine drug screen

34- What are the three components of psychic functioning defined in Freud's structural theory? Select one:

- a. The oral, anal and oedipal
- B. The conscious, superconscious and subconscious
- ☒ C. The id, ego, and superego
- D. The conscious, unconscious and subconscious
- E. The Eros, Thanatos and Libido

35- Wernicke's encephalopathy is due to deficiency of:

- A. Folic acid
- B. Thiamine
- C. Ascorbic acid
- D. Pyridoxine
- E. Vitamin A

- 36- Which test?
- A. Rorschach ink-blot test
 - B. MMPI
 - C. Sentence completion test
 - D. Thematic apperception test
 - E. Draw a person test

37- Chris was confronted by a snake while hiking in a tropical forest. He later argued that the 'fear' he experienced happened **concurrently** with the tremors, muscle tension and sweating that occurred immediately upon seeing the snake. Which of the following theories is he using to explain the origin of his emotions?

- ☒ A. Cannon-Bard theory
- B. James-Lange theory
- C. Two-factor theory
- D. Opponent-process theory
- E. Schachter-Singer theory

38- A baby turns his face towards the direction of touch. This is

- A. Babiniski reflex
- B. rooting reflex
- C. Grasp reflex
- D. moro reflex
- E. none of the above

39- The age at which Erikson's stage of industry vs. inferiority is seen, select one :

- a. 13-21 years
- b. 3-5 years
- c. 40-60 years
- d. 5-13 years
- e. 2-3 years

40- According to Sigmund Freud, which of the following best describes primary processes?

- a. Typically conscious
- ☒ b. Nonlogical and primitive
- c. Absent during dreaming
- d. Characteristic of the neuroses
- e. Rational and well-organized

41- The period of pairing required between an unconditioned stimulus and a conditioned stimulus in Pavlovian experiment for the association to be learned and the conditioned response to occur is called the

- (A) Extinction
- ☒ (B) acquisition stage
- (C) delay conditioning
- (D) classical conditioning
- (E) Typical response

42- All of the followings are characteristics of developmental tanner stage two except one

- (A) breast buds
- (B) childish penis size
- (C) sparse, straight pubic hair
- (D) enlargement of scrotum and testes
- (E) none of the above

43- Which of the following is considered to be the first sign of sexual development according to tanner stages in females?

- a- enlargement of scrotum and testes
- b- sparse, straight pubic hair
- c- growth spurt
- d- Breast buds
- e- areolar diameter enlargement

44- According to the Holmes and Rahe life stress inventory, which of the following is considered the most stressful life event?

- a- Death of spouse
- b- Divorce
- c- Marriage
- d- Pregnancy
- e- Death of close family member

45- Of the following defense mechanisms, which is considered the most mature?

- (A) Denial
- (B) Sublimation
- (C) Dissociation
- (D) Regression
- (E) Intellectualization