

which of the following sleep disorders occurs during Non REM sleep?

Select one:

- ☐ none of the choices
- ☐ nightmares
- ☐ insomnia
- ☐ sleep paralysis
- ☒ sleep walking

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Question 8

Not yet answered

Flag question

is a phenomenon in which an individual temporarily experiences an inability to move, speak, or react. It is a transitional state between wakefulness and sleep, characterized by an inability to move muscles. It is often accompanied by terrifying hallucinations, and physical experience?

Select one:

- ☐ cataplexy
- ☐ sleep terror
- ☒ sleep paralysis
- ☐ sleep horror
- ☐ all of the choices

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All of the followings are used to measure the performance IQ by Wechsler Intelligence Scale except one

Select one:

- ☐ picture completion
- ☐ object assembly
- ☐ block design
- ☐ digit symbols
- ☒ digit span

Scanned with CamScanner

1. Male contractile disorder (impotence) has 10-20% lifetime prevalence; half of man treated for sexual disorder complain of impotence. What is the following sexual phase is affected by male erectile disorder (impotence)? **All of the choices**
2. All of the following are features of obsessions except one? **They are ego-syntonic**
3. One episode of mania is enough to diagnose which of the following mental disorders? **Bipolar 1**
4. False fixed beliefs that are not amenable to change in light of conflicting evidence & not related to the cultural background? **Delusions**
5. It has been observed that schizophrenia is more common in monozygotic twins than dizygotic twin, this observation goes with which of following theories of schizophrenia development?
Genetic theory
6. A projective personality test in which the patient is asked to tell a story about what is going on in picture? **Thematic appreciation test**
7. In paraphilic disorder a male rubbing of genitals against a fully clothed woman to achieve orgasm is called? **Frotteurism**
8. Multiple ulcerations over the limb are mostly associated with which of the following types of substance use disorders? **Opioids**
9. All of the following mental disorders are common in males except one? **Anorexia nervosa**
10. Grandiose sense of self-importance. Preoccupied with fantasies of unlimited wealth, power, love, demands..... Are features of? **Narsisitic Personality disorder**
11. In paraphilic disorders a sexual pleasure is derived from other's pain to achieve orgasm is called?
Sadism
12. Age of onset of schizophrenia between males is? **15-25 year**
13. A 27 years old female is referred to you by her family members, they stated that she has been married in the past ten years without any problems and she didn't have children, two months ago she decided to do (IVF), yesterday she received the result that the (IVF) failed, she didn't give any response, today morning she can't get out of her bed complaining of paralysis of both lower limbs. which of the following is the most likely diagnosis?
conversion disorder

Which of the following is a feature of type personality ?

A: they are impatient

Laboratory tests useful in making the diagnosis of alcohol abuse or Dependence include?

A: AST/ALT ratio 2/1

It has been observed that schizophrenia is more common between monozygotic twins than dizygotic twin, this observation goes with which of the following theories of schizophrenia development

A: genetic theory

Which of the following is a feature of the general adaptation syndrome described by Hans Selye

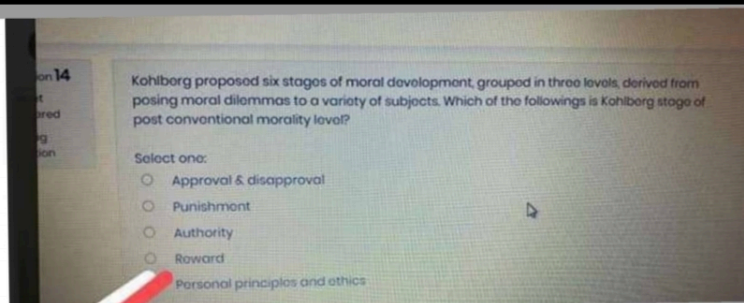
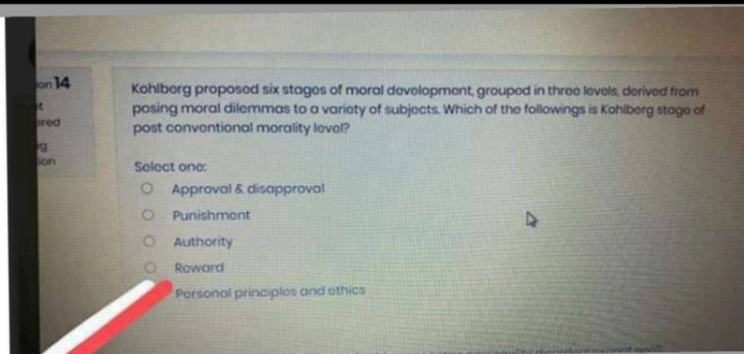
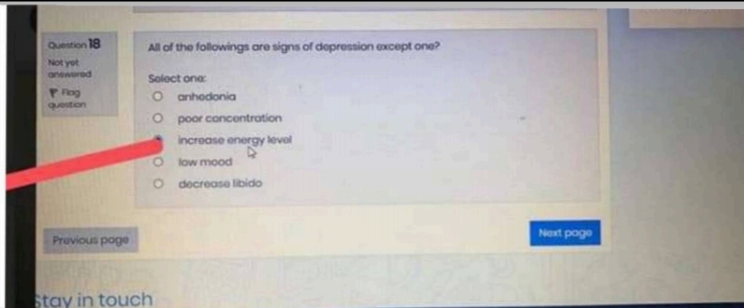
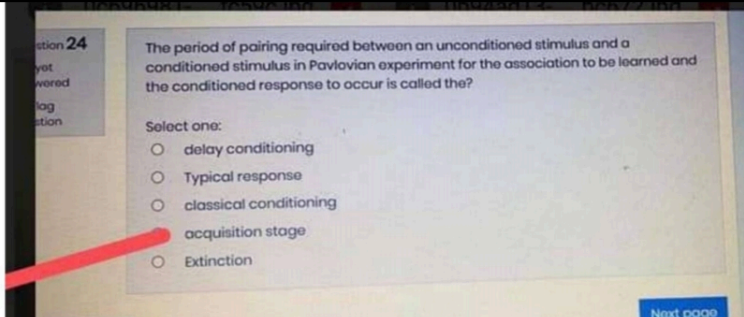
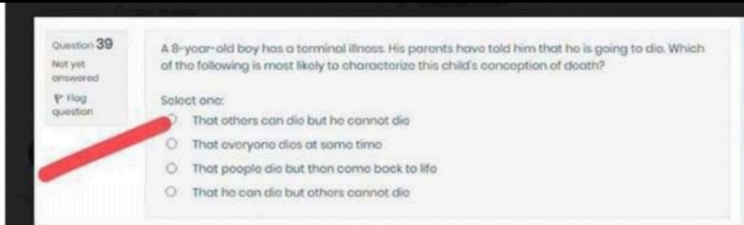
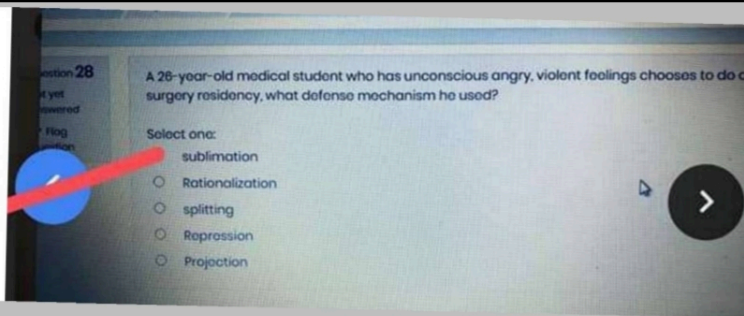
A: all of the above

All of the following are features of odd or eccentric personality disorders except one

A: they are dramatic and emotionally laden

All of the following are features of obsessions except one

A: they are ego syntonic



Flag question

Select one:

- ☐ Identity versus role diffusion
- ☐ Intimacy versus isolation
- ☒ Integrity versus despair
- ☐ Initiative versus guilt
- ☐ Basic trust versus basic mistrust

Select one:

- ☒ Variable ratio reinforcement
- ☐ Continuous reinforcement
- ☐ Punishment
- ☐ Fixed ratio reinforcement
- ☐ Fixed interval reinforcement

A 4-year-old boy survives a house fire in which his father was killed. He has only minor injuries. Although he has

- ☐ Altruism
- ☐ Suppression
- ☐ Anticipation
- ☒ Somatization
- ☐ Humor

Question 16
Not yet answered
Flag question

A 32-year-old man who is unconsciously attracted to his wife's sister becomes extremely jealous whenever his wife speaks to another man?

- Select one:
- ☒ Projection
 - ☐ Isolation of affect
 - ☐ Denial
 - ☐ Rationalization
 - ☐ Regression

Question 13
Not yet answered
Flag question

Monthly bonus, weekly payment & salary at the end of the month all these are types of?

- Select one:
- ☐ Variable ratio reinforcement
 - ☐ Variable interval reinforcement
 - ☐ continuous reinforcement
 - ☒ Fixed interval reinforcement
 - ☐ Fixed ratio reinforcement

Question 14
Not yet answered
Flag question

Gender identity is a child's sense of maleness or femaleness is established by age?

- Select one:
- ☐ one year
 - ☐ adolescent
 - ☒ three years
 - ☐ five years
 - ☐ ten years

Question 23
Not yet answered
Flag question

token economy is often used in behavioral management programmes for children and depends on which of the following learning process?

- Select one:
- ☐ modeling
 - ☒ none of the choices
 - ☐ classical conditioning
 - ☐ observational learning
 - ☐ cognitive learning

Question 22
Not yet answered
Flag question

Erikson differs from Freud by his placing greater emphasis on?

- Select one:
- ☐ cognitive development
 - ☐ instinctual drives
 - ☐ object relations
 - ☒ cultural & social factors in development
 - ☐ psychosexual development

Question 18
Not yet answered
Flag question

All of the followings are characteristics of Jean Piaget's sensory motor stage except one?

- Select one:
- ☒ Animism
 - ☐ can't understand the concept of death
 - ☐ object permanence
 - ☐ discriminatory smiling
 - ☐ egocentrism

Question 36
Not yet answered
Flag question

An 18-year-old male lives alone with his mother, he hates her. He is embarrassed that he has these feelings, and compensates by taking care of her, attending to her every need. Which of the following is the defense mechanism he used?

- Select one:
- ☐ Projection
 - ☐ Sublimation
 - ☐ Displacement
 - ☒ Reaction formation
 - ☐ Repression

Question 33
Not yet answered
Flag question

A baby turns his face towards the direction of touch. This is?

- Select one:
- ☐ Grasp reflex
 - ☐ none of the choices
 - ☐ Moro reflex
 - ☐ Babinski reflex
 - ☒ rooting reflex

- ❖ Male gender
- ❖ Unemployment

All of the followings are features of the preoperational stage described by Jean Piaget except:

- ❖ Animism
- ❖ authoritarian Morality
- ❖ Egocentrism
- ❖ They can see death as irreversible

According to Sigmund Freud psychosexual developmental theory acquisition of sexual maturity & increasing identification with same-sex parent are features of

Select one:

- ☒ Genital stage
- ☐ Anal stage
- ☐ phallic stage
- ☐ oral stage
- ☐ latent stage

A dog usually salivates when served with food. After repeated exposure to bell sound paired with food, the dog salivates upon bell sound alone without food. However, after a long while of being given bell sound without food, the dog gradually reduced, and finally stopped, salivating. According to Pavlov's classical conditioning, which of the following is the unconditioned stimulus?

Select one:

- ☐ Saliva
- ☐ Both saliva and bell sound
- ☐ Bell sound
- ☐ Dog
- ☒ Food

Fingers curl around objects placed at hand, This is

Select one:

- ☐ Babinski reflex
- ☐ rooting reflex
- ☐ none of the above
- ☒ Grasp reflex
- ☐ Moro reflex

In which of the following age groups is the stage of operational thought present?

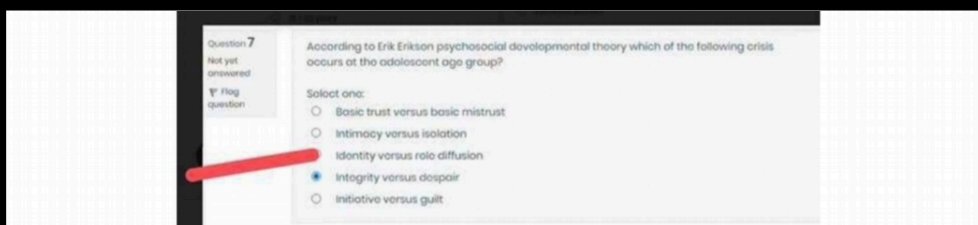
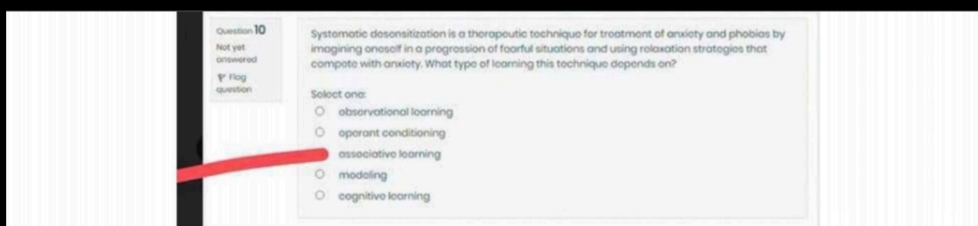
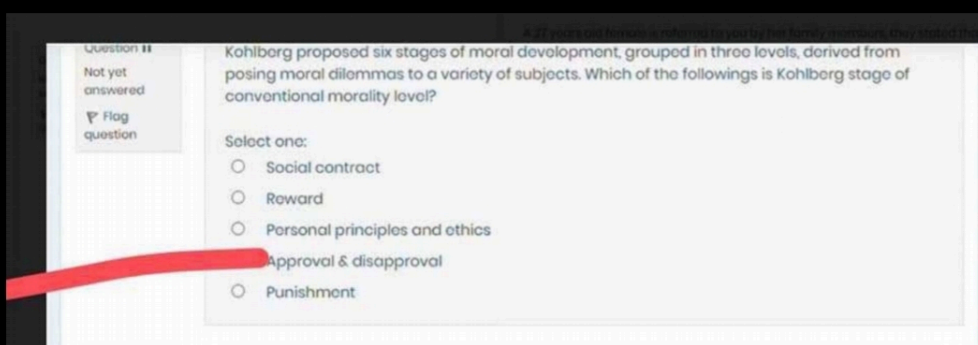
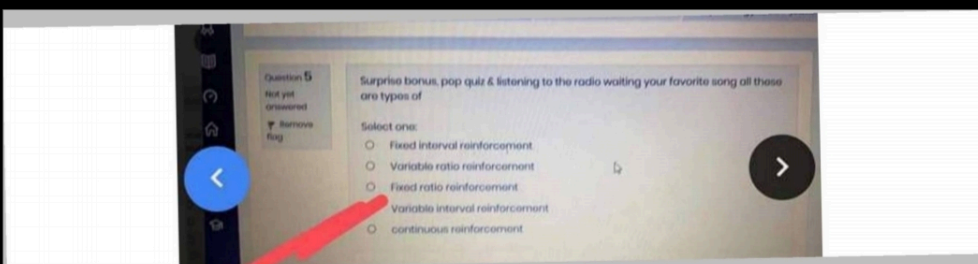
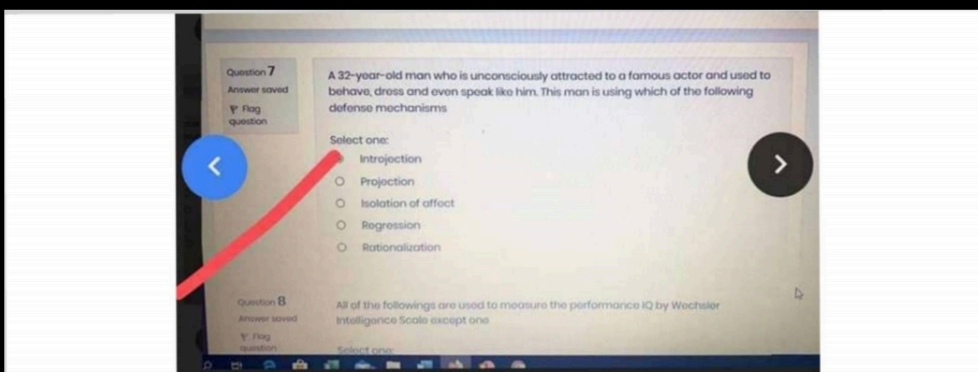
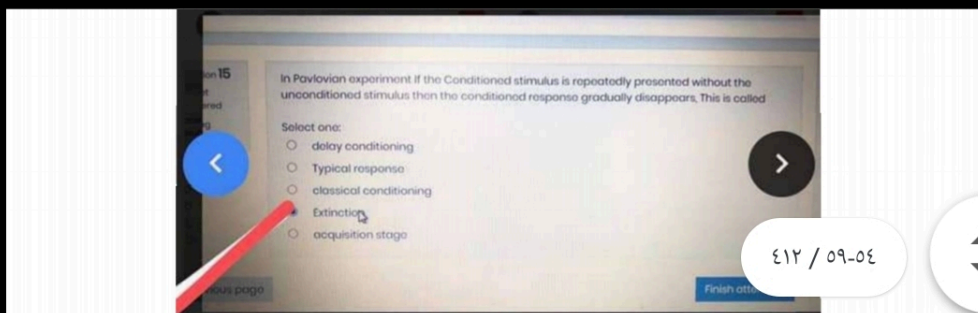
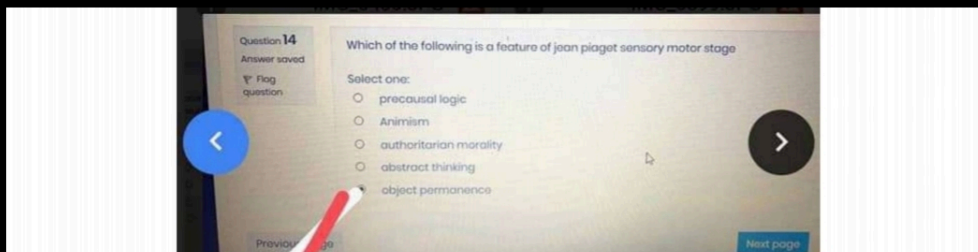
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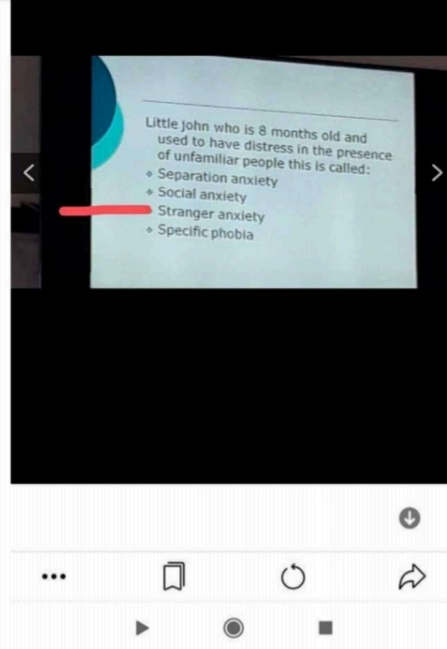
- ☐ 11 through the end of adolescence
- ☐ None of the above
- ☒ 7 to 11 years
- ☐ Birth to 2 years
- ☐ 2 to 7 years

A primary care physician notices that many of her patients use statements like "I can't stop smoking because I'll gain weight," or "when I'm sick, I only want to eat junk food." Statements like these

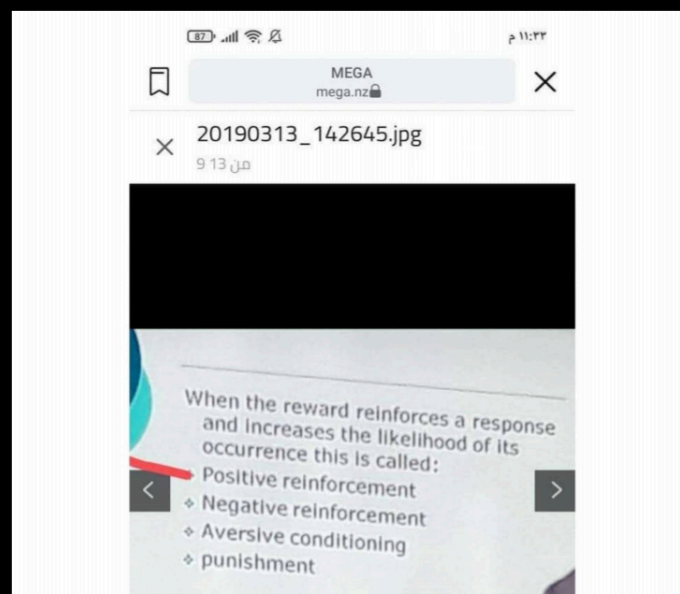
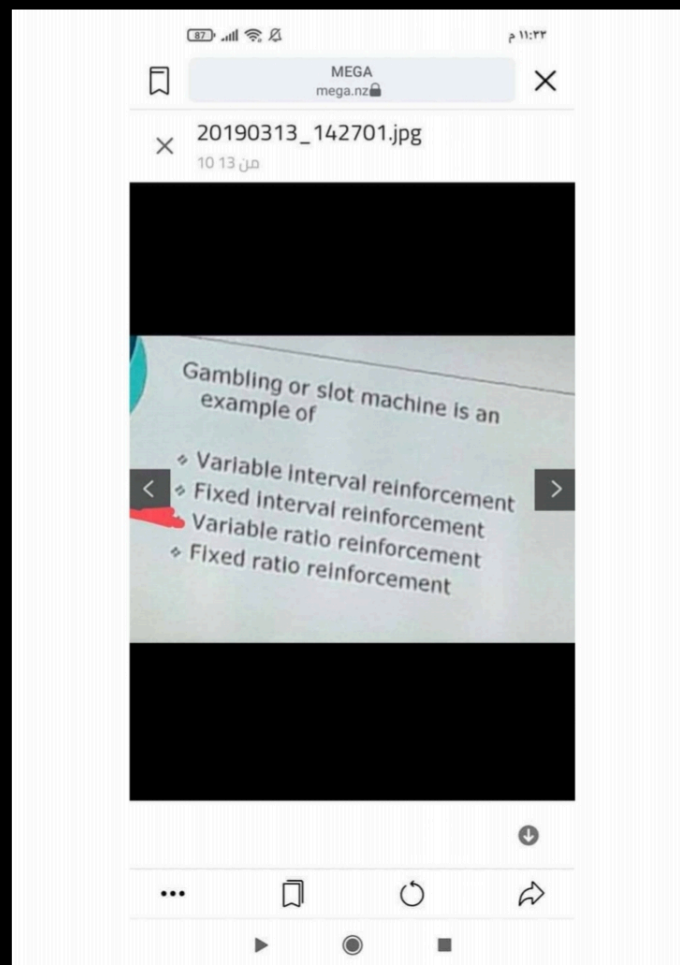
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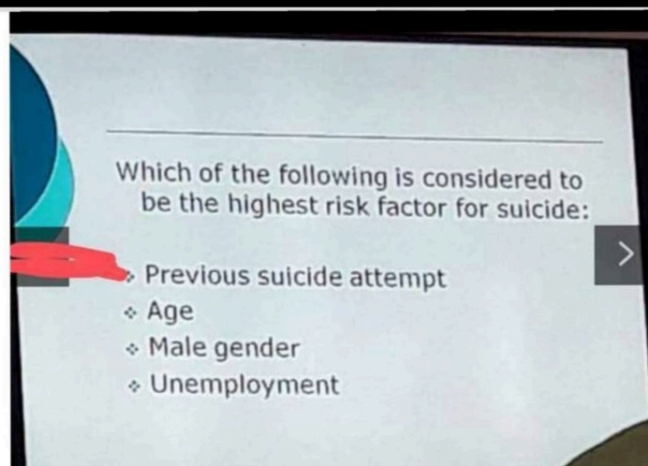
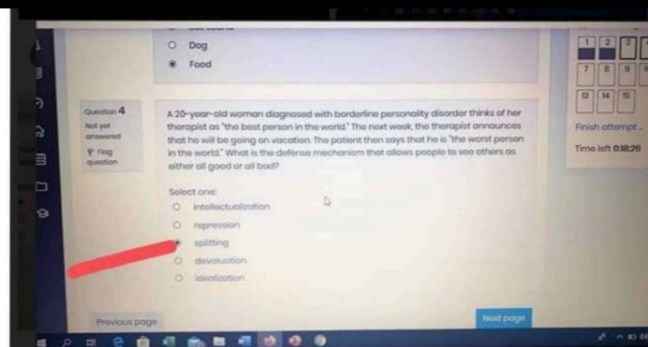
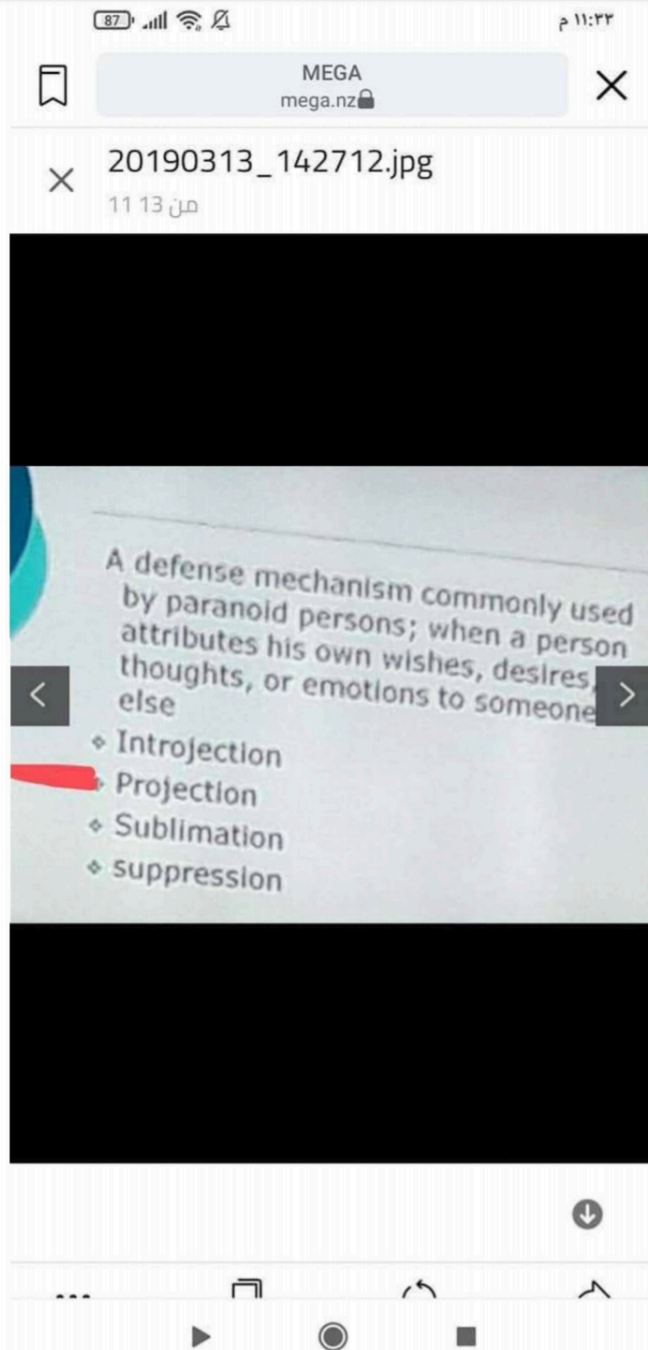
- ☐ decrease a patient's sense of self-esteem
- ☐ increase anxiety
- ☐ produce conflict in the conscious mind
- ☒ are examples of the use of defense mechanisms
- ☐ are conscious mental techniques

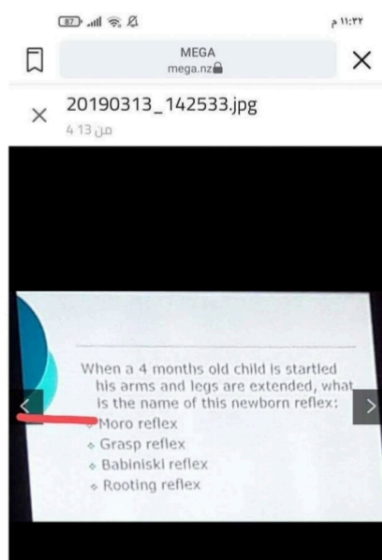
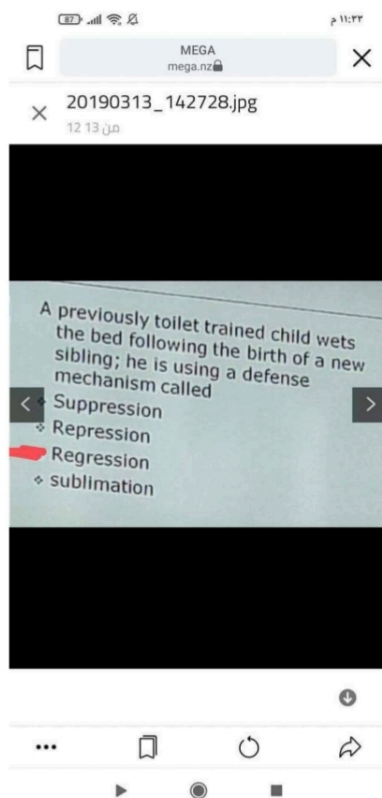
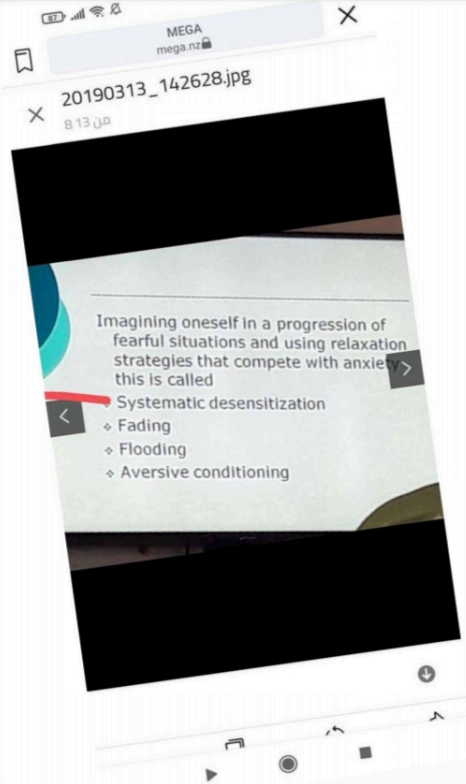




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1-A 28-year-old man referred to a psychiatrist for evaluation, in the past six months he used to experience multiple attacks of (chest pain, dyspnea, palpitation, tremors, fainting and he feels that he will loss control and die) these attacks lasts about ten minutes each, multiple investigations done to be normal. What is your diagnosis?

- a- panic attacks
- b-Somatization disorder
- c- malingering
- d-conversion disorder
- e-factitious disorder

the correct answer is: A

2-communication with repetitive stereotypical pattern of behavior is most commonly diagnosed with

- a- ADHD
- b- borderline personality disorder
- c- autism
- d- oppositional defiant disorder
- e- conduct disorder

the correct answer is: C

3- Which of the following is a feature of the general adaptation syndrome described by Hans Selye

- a- all of the answers
- b- exhaustion
- c- none of the answers
- d- initial alarm
- e- resistance

the correct answer is: A

4- All of the followings are signs of depression except one

- a- anhedonia
- b- low mood
- c- increase energy level
- d- decrease libido
- e- poor concentration

the correct answer is: C

A projective personality test in which the patient is asked to tell a story about what is going on in the picture : **Thematic apperception test**

One episode of mania is enough to diagnose which of the following mental disorder : **Bipolar one disorder**

Involves sudden unexpected travel, an inability to recall one's past, or confusion of identity : **dissociative fugue disorder**

A 32-year-old woman is brought to the emergency room when she complains of chest pain. She is noted to be hypervigilant and anxious, with a pulse of 120 beats per minute and BP of 160/97. She has widely dilated pupils. Her toxicology screen is positive. Which of the following drugs is she most likely to have used? : **cocaine**

30 years old female is complaining of chest pain multiple investigations done to be normal, in the past year she has been seen by many 30 cardiologists all stated that she didn't have any cardiac problem despite that she believed that she had a cardiac problem which they fail to diagnose, she used to visit the emergency department twice weekly with her investigation file Which of the following is the most likely diagnosis : **illness anxiety disorder**

Multiple motor and vocal tics that occur many times per day or intermittently for more than one year, Men > women with mean onset is age 7 : **Tourette disorder**

Which of the following is a feature of the general adaptation syndrome described by Hans Selye : **all of the answers (initial alarm, exhaustion, resistance)**

A transient condition following the administration of psychoactive substance resulting in disturbances in level of consciousness, cognition, perception, affect or behaviour, or other psychophysiological functions and responses : **intoxication**

Which of the following personality tests is an objective test : **Minnesota Multiphasic Personality Inventory (MMPI-2)**

All of the following are features of type A personality except one: **They are not competitive**

A 3 years old child with deficit in, social verbal and nonverbal communication with repetitive : stereotypical patter of behavior is most commonly diagnosed with **Autism**

According to Holmes and Rahe scale used to quantify stressful life events. A man who takes : 350 points on this scale that means that

He had 80% chance of a major stress-induced health problem in next 2 years

: All of the following are features of type A personality except one

They are not competitive

Holmes and Rahe scale is used to quantify stressful life events which of the following : stressful life events have the highest score on this scale

Death of spouse

grandiose sense of self-importance, Preoccupied with fantasies of unlimited wealth, power, love, Demands constant attention and admiration and meets criticism with indifference or : rage all these are features of

Narcissistic Personality Disorder

8- 30 years old female is complaining of chest pain multiple investigations done to be normal, in the past year she has been seen by many cardiologists all stated that she didn't have any cardiac problem despite that she believed that she had a cardiac problem which they fail to diagnose, she used to visit the emergency department twice weekly with her investigation file. Which of the following is the most likely diagnosis

- a- somatic symptom disorder
- b- illness anxiety disorder**
- c- none of the answers
- d- conversion disorder
- e- generalized anxiety disorder

the correct answer is:  **B**

9- Perception of an emotion-arousing stimulus causes physiological changes which are then mentally interpreted and experienced as the relevant emotion. The emotion is therefore secondary to physiological response. This theory of emotion is described by

- a- CANNON-BARD (THALAMIC) THEORY
- b- John Boulby theory
- c- JAMES-LANGE THEORY
- d- Adolf Meyer theory
- e- Osgood slatter theory

the correct answer is: **C**

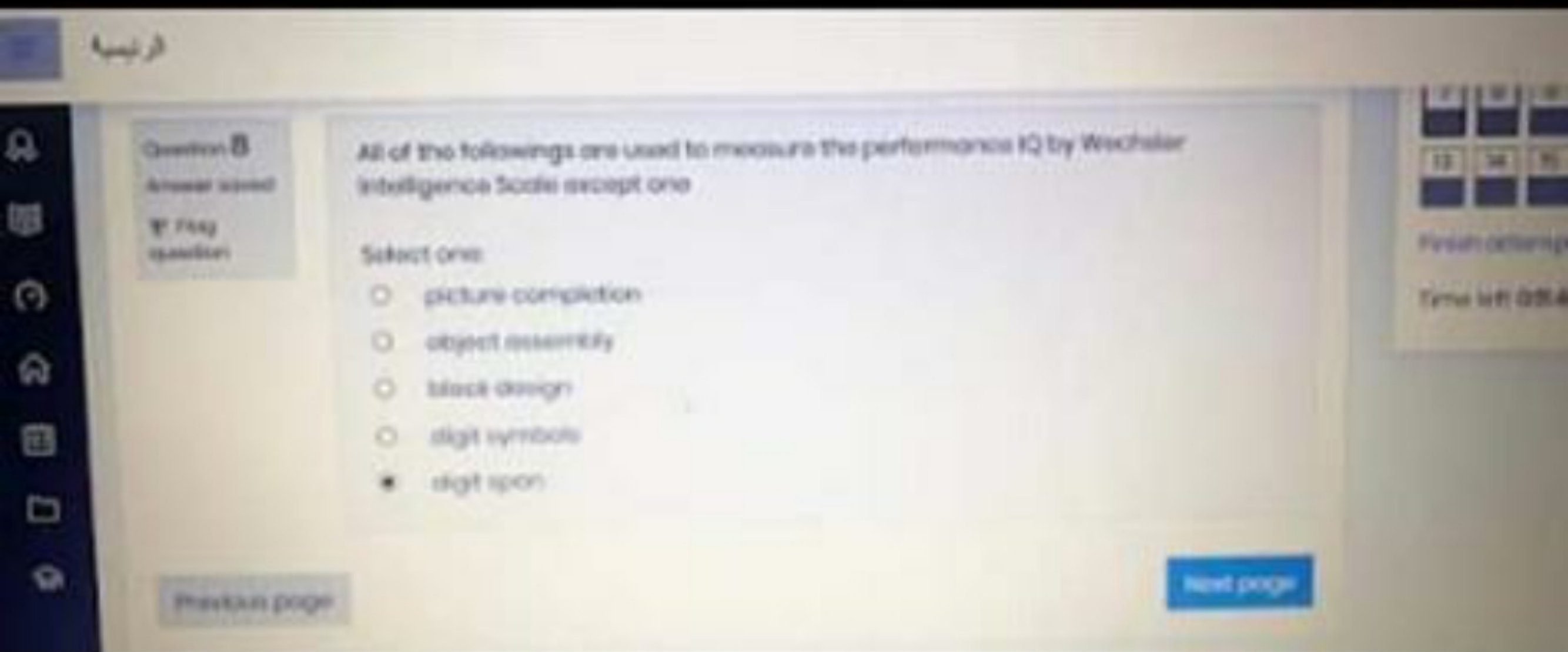
10- Schizophrenia symptoms such as hallucinations and delusions PLUS mood disorder symptoms such as depression and mania which must have at least 2 weeks of psychotic symptoms in the absence of mood symptoms, this is called

- a- schizophreniform disorder
- b- schizophrenia
- c- schizoaffective disorder
- d- schizoid disorder
- e- Schizotypal disorder

the correct answer is: **C**



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Question 6

Not yet
answered Flag
question

(the greater the environmental stress experienced by the lower social classes in some way contributes to the development of psychological ill-health) this theory is called?

Select one:

- ☐ Social perspective taking theory
- ☐ None of the choices
- ☐ Social causation theory
- ☐ Social selection/drift theory
- ☐ Differential treatment/labelling theory



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Question 28

Not yet
answered Flag
question

False fixed beliefs that are not amenable to change in light of conflicting evidence & not related to the cultural background?

Select one:

- ☐ obsessions
- ☐ hallucinations
- ☐ none of the choices
- ☐ illusions
- ☐ delusions



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Question 20

Not yet
answered Flag
question

It has been observed that schizophrenia is more common between monozygotic twins than dizygotic twin, this observation goes with which of the following theories of schizophrenia development?

Select one:

- ☐ genetic theory
- ☐ biological theory
- ☐ viral theory
- ☐ social theory
- ☐ none of the choices



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Question 11

Answer saved

Flag question

A 6-year-old boy who used to suck his fingers excessively which made him a victim of jokes at his school and affects his performance. As part of this child's treatment, you decide to use behavior therapy. Which of the following behavior techniques you preferred to use?

Select one:

- ☐ systematic desensitization
- ☐ fading
- ☐ stimulus control
- ☒ aversive stimuli
- ☐ stress reduction

Question 12

Answer saved

Flag question

In Pavlovian experiment if the Conditioned stimulus is repeatedly presented without the unconditioned stimulus then the conditioned response gradually disappears. This is called

Select one:

- ☐ Extinction response



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Question 40

Not yet
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Male erectile disorder (impotence) has 10-20% lifetime prevalence; Half of men treated for sexual disorder complain of impotence. Which of the following sexual phases is affected by male erectile disorder (impotence)?

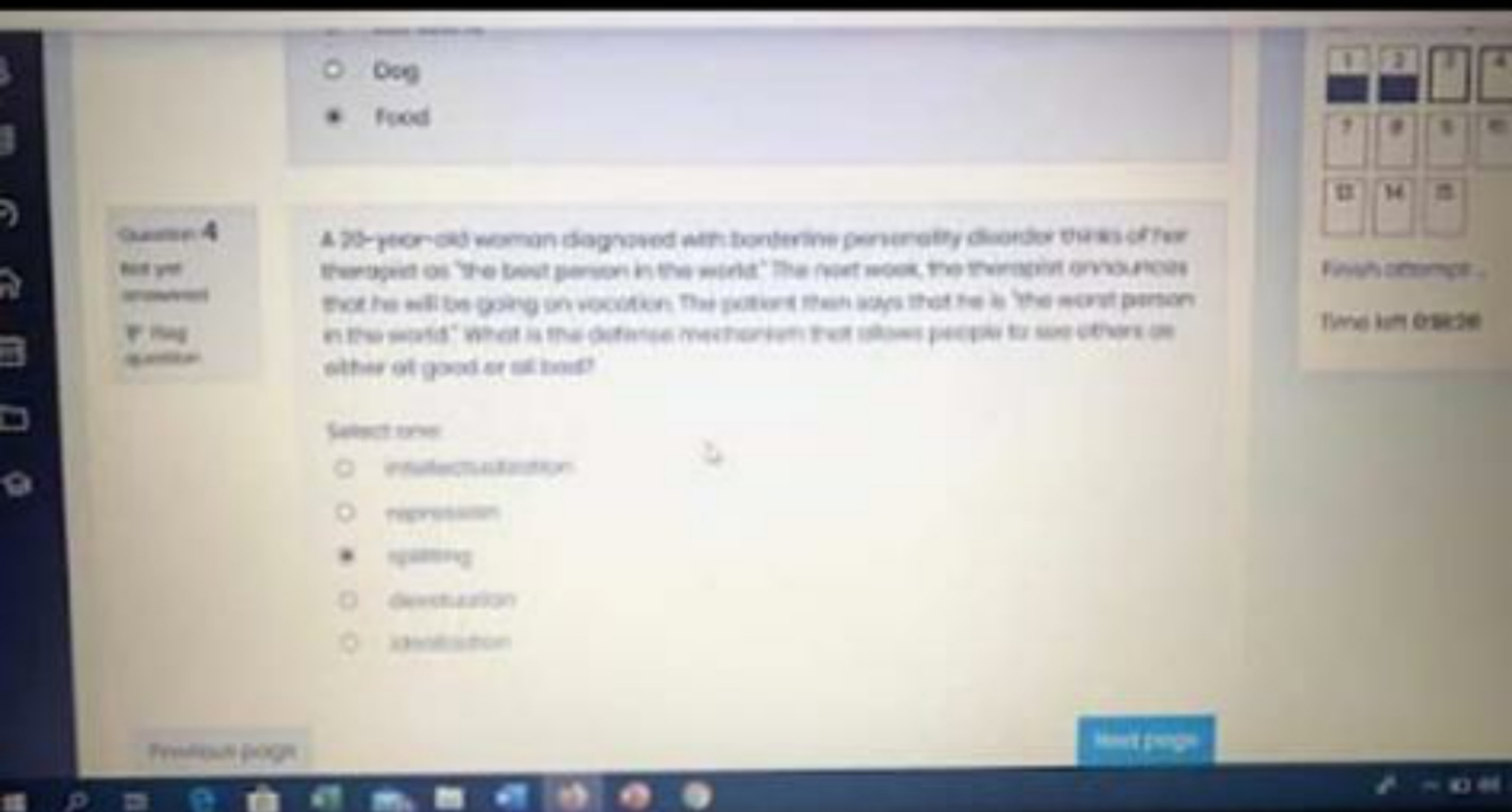
Select one:

- ☐ arousal phase
- ☐ none of the choices
- ☐ orgasmic phase
- ☐ all of the choices
- ☐ desire phase

[Previous page](#)[Finish attempt](#)



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Question 21

Not yet
answered Flag
question

All of the followings are features of obsessions except one?

Select one:

- ☐ they increases the anxiety level
- ☐ they are time consuming
- ☐ they are distressing
- ☐ they are egosyntonic
- ☐ They are senseless



IMG_0402.JPG



According to Sigmund Freud psychosexual developmental theory acquisition of sexual maturity & increasing identification with same-sex parent are features of

Select one:

- ☒ Genital stage
- ☐ Anal stage
- ☐ phallic stage
- ☐ oral stage
- ☐ latent stage

[Previous page](#)[Finish attempt...](#)



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Question 32

Not yet
answeredFlag
question

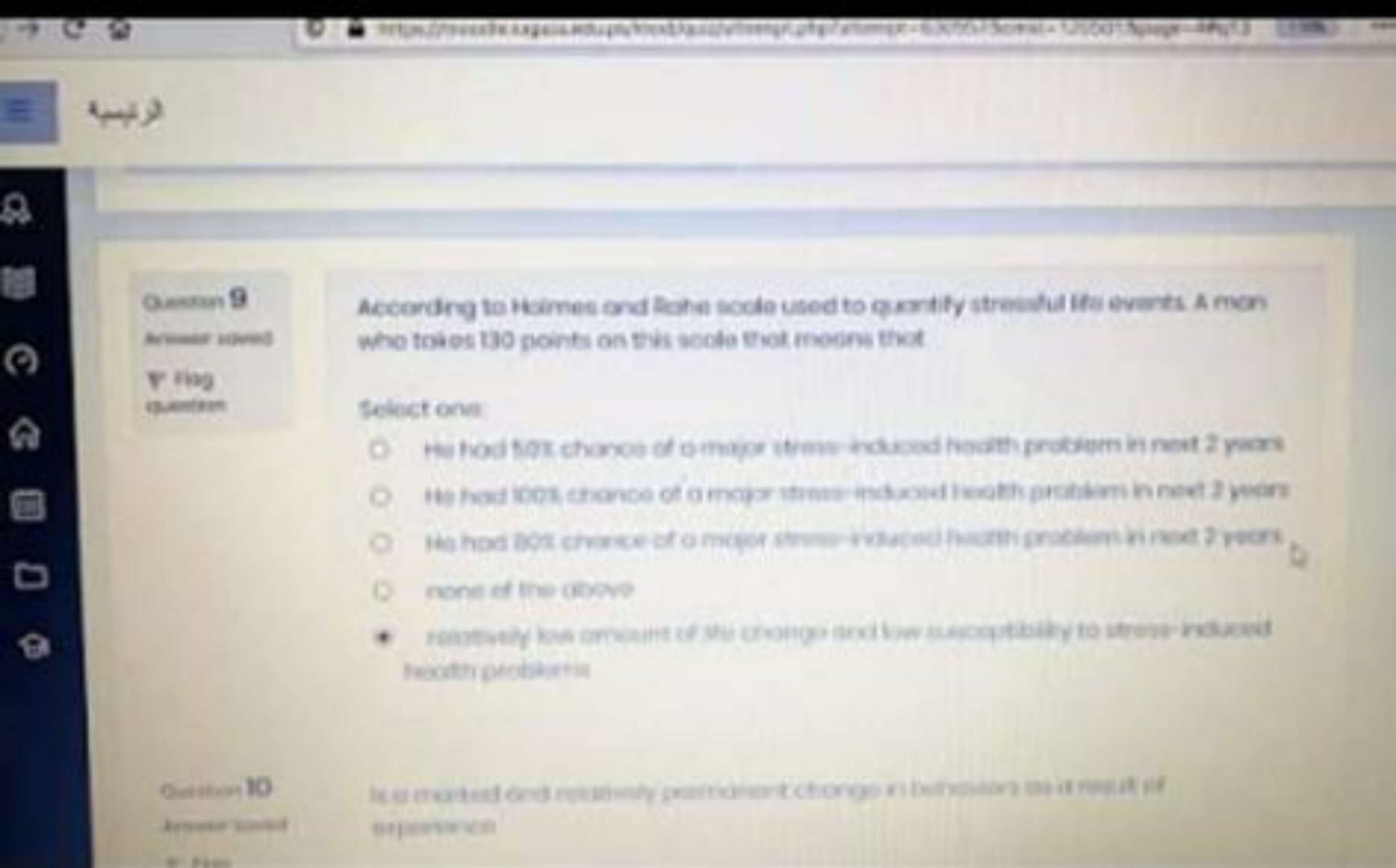
One episode of mania is enough to diagnose which of the following mental disorders?

Select one:

- ☐ cyclothymia
- ☐ Bipolar one disorder
- ☐ hypomania
- ☐ Bipolar two disorder
- ☐ dysthymia



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IMG_1480.JPG



Question 32

Not yet
answered Flag
question

One episode of mania is enough to diagnose which of the following mental disorders?

Select one:

- ☐ cyclothymia
- ☐ Bipolar one disorder
- ☐ hypomania
- ☐ Bipolar two disorder
- ☐ dysthymia



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Question 11

Not yet
answeredFlag
question

Kohlberg proposed six stages of moral development, grouped in three levels, derived from posing moral dilemmas to a variety of subjects. Which of the followings is Kohlberg stage of conventional morality level?

Select one:

- ☐ Social contract
- ☐ Reward
- ☐ Personal principles and ethics
- ☐ Approval & disapproval
- ☐ Punishment

Question 12

Not yet
answeredFlag
question

A projective personality test in which the patient is asked to tell a story about what is going on in the picture?

Select one:

- ☐ object assembly
- ☐ sentence completion
- ☐ projective drawing test
- ☐ Thematic apperception test
- ☐ Rorschach inkblot test



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Question 9

Not yet
answered Flag
question

In Paraphilic Disorders a male rubbing of genitals against fully clothed woman to achieve orgasm is called?

Select one:

- ☐ Frotteurism
- ☐ Masochism
- ☐ Pedophilia
- ☐ Hypoxyphilia
- ☐ Exhibitionism



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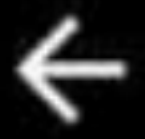
Question 24

Not yet
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question

Multiple ulcerations over the limbs is mostly associated with which of the following types of substance use disorder?

Select one:

- ☐ Benzodiazepines
- ☐ Nicotine
- ☐ Alcohol
- ☐ Opioids
- ☐ Cocaine



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Question 15

Not yet
answered Flag
question

All of the following mental disorders are common in males except one?

Select one:

- ☐ autism
- ☐ antisocial personality disorder
- ☐ ADHD
- ☐ Anorexia nervosa
- ☐ conduct disorder



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Question 13

Not yet
answeredFlag
question

which of the followings is a features of type -personality

Select one:

- ☐ they are not competitive
- ☐ they live in lower levels of stress
- ☐ none of the above
- ☐ they don't mind losing
- ☒ they are impatient

Question 14

Not yet
answeredFlag
question

which of the following is a feature of jean piaget sensory motor stage

Select one:

- ☐ precurator logic
- ☐ Anymism



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Question 31

Not yet
answered Flag
question

According to Erik Erikson psychosocial developmental theory which of the following crisis occurs at the geriatric (mature) personal?

Select one:

- ☐ Basic trust versus basic mistrust
- ☐ Intimacy versus isolation
- ☐ Integrity versus despair
- ☐ Identity versus role diffusion
- ☐ Initiative versus guilt



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Question 7
Not yet
answered

Flag
question

According to Erik Erikson psychosocial developmental theory which of the following crisis occurs at the adolescent age group?

Select one:

- ☐ Basic trust versus basic mistrust
- ☐ Intimacy versus isolation
- ☐ Identity versus role diffusion
- ☒ Integrity versus despair
- ☐ Initiative versus guilt



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Question 23

Not yet
answered Flag
question

token economy is often used in behavioral management programmes for children and depends on which of the following learning process?

Select one:

- ☐ modeling
- ☐ none of the choices
- ☐ classical conditioning
- ☐ observational learning
- ☐ cognitive learning



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Question 22

Not yet
answered Flag
question

Erikson differs from Freud by his placing greater emphasis on?

Select one:

- ☐ cognitive development
- ☐ instinctual drives
- ☐ object relations
- ☐ cultural & social factors in development
- ☐ psychosocial development



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Question 29

Not yet answered

Flag question

All of the followings are characteristics of developmental tanner stage two except one?

Select one:

- ☐ none of the choices
- ☐ childish penis size
- ☐ enlargement of scrotum and testes
- ☐ sparse, straight pubic hair
- ☐ breast buds

Question 30

Not yet answered

Flag question

According to Erik Erikson psychosocial developmental theory which of the following crisis occurs at the geriatric (mature) personal?

Select one:

- ☐ Identity versus role diffusion
- ☐ Intimacy versus isolation
- ☐ Integrity versus despair
- ☐ Initiative versus guilt
- ☐ Basic trust versus basic mistrust



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Question 33

Not yet
answered Flag
question

A baby turns his face towards the direction of touch. This is?

Select one:

- ☐ Grasp reflex
- ☐ none of the choices
- ☐ Moro reflex
- ☐ Babinski reflex
- ☐ rooting reflex



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Question 5

Not yet
answered Flag
question

grandiose sense of self-importance, Preoccupied with fantasies of unlimited wealth, power, love, Demands constant attention and admiration and meets criticism with indifference or rage all those are features of ?

Select one:

- ☐ border line personality disorder
- ☐ schizoid personality disorder
- ☐ narcissistic personality disorder
- ☐ histrionic personality disorder
- ☐ antisocial personality disorder



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Question 4

Not yet
answered Flag
question

When the patient is aware of the problem but ambivalent of starting treatment, what is the stage of behavioral change he is on?

Select one:

- ☐ preparation
- ☐ maintenance
- ☐ contemplation
- ☐ relapse
- ☐ precontemplation



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Question 1

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question

A 27 years old female is referred to you by her family members, they stated that she has been married in the past ten years without any problems and she didn't have children, two months ago she decided to do (IVF, التلقيح الصناعي), yesterday she received the result that the (IVF) failed, she didn't give any response, today morning she can't get out of her bed complaining of paralysis of both lower limbs, which of the following is the most likely diagnosis?

Select one:

- ☐ factitious disorder
- ☐ conversion disorder
- ☐ somatic symptom disorder
- ☐ none of the choices
- ☐ malingering



IMG_1487.JPG



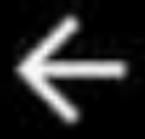
Question 38

Not yet
answeredFlag
question

A 17-year-old girl comes to your office for a routine visit. She states that she feels fine and offers no complaints. On physical examination, you find that her weight is 40 Kg and her height is 166 Cm. One year earlier, her weight had been 57Kg. After further discussion, you learn that this girl is terrified of gaining weight and thinks that she looks fat and needs to lose more weight. She reports that she has not menstruated in the past 6 months. What is the most likely diagnosis?

Select one:

- ☐ bulimia nervosa
- ☐ none of the choices
- ☐ binge eating disorder
- ☐ body dysmorphophobia
- ☐ anorexia nervosa



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Question 2

Not yet
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question

Age of onset of schizophrenia between males is?

Select one:

- ☐ 45 – 55 years
- ☐ 55 – 65 years
- ☐ 15 – 25 years
- ☐ 25 – 35 years
- ☐ 35 – 45 years



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Question 35

Not yet
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question

(The persistence of a maladaptive mode of experiencing, perceiving, evaluating and responding to one's own health status) is called?

Select one:

- ☐ Illness behavior
- ☐ Abnormal illness behavior
- ☐ Illness role
- ☐ None of the choices
- ☐ Illness mechanisms



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Question 3

Not yet
answered Flag
question

In Paraphilic Disorders a sexual pleasure derived from others' pain to achieve orgasm is called?

Select one:

- ☐ Masochism
- ☐ Frotteurism
- ☐ Pedophilia
- ☐ Exhibitionism
- ☐ Sadism